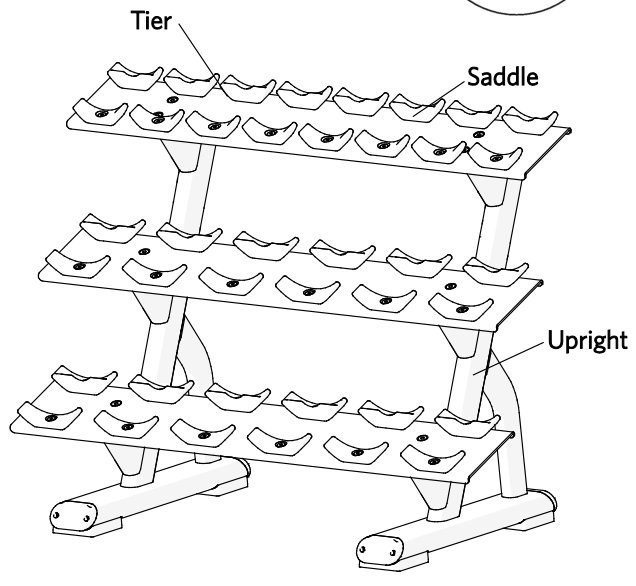
Discovery™ Series 3-Tier Dumbbell Rack (814) Assembly Guide



To assemble your equipment, follow the steps in the order listed in this assembly guide. For more product information, visit us at *www.precor.com*.

WARNING **At least two people are required to assemble the equipment. DO NOT attempt assembly by yourself.**



Assembly requirements

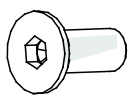
When assembling the equipment, we recommend you:

- Unpack the box and assemble the equipment close to where you plan to use it.
- Locate the equipment at least 40 inches (1 meter) away from walls or furniture on either side of the equipment, and 40 inches (1 meter) away from objects behind or in front of the equipment.
- Assemble the equipment on a solid, flat surface, so that it remains level and stable.
- DO NOT move the equipment without assistance.

Specifications

Equipment Dimensions:	51" L x 30 " W x 41" H (1300 mm L x 770 mm W x 1050 mm H)
Equipment Weight:	213 lb (96.7 kg)

Hardware kit

	Component		Quantity
❶		Flat head hex bolt (M12 x 25 mm)	12
❷		Hex key (8 mm)	1

Begin assembly

Important *DO NOT fully tighten the fasteners until instructed to do so.*

To assemble the dumbbell racks:

1. Place the uprights side by side.
2. Select the tier with the warning label and eight saddles, and position it on top of the uprights.
   Note Make sure the saddles with the notched catch-edge (to hold dumbbells securely in the saddle) are in the top position (inset in Figure 1).
3. Using a hex key ❷, attach the tier using four bolts ❶.
4. Position and secure the second and third tiers using the remaining bolts.
5. Once all tiers are attached, fully tighten all bolts.

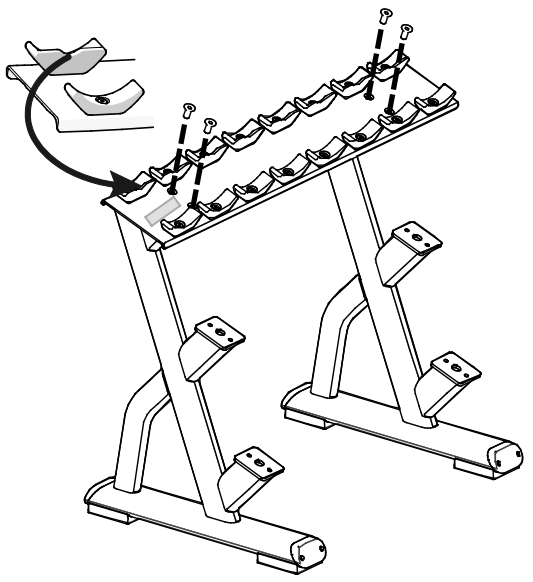


Figure 1

To tighten or replace saddles

Saddles can sometimes loosen or need replacement. If you need to replace a saddle, please contact Precor Customer Support.

Important *To avoid damage to the rubber saddle, please use the following procedure.*

Using a 6 mm hex key, hold the screw steady and turn the bottom nut until the saddle is tight (see accompanying figure).

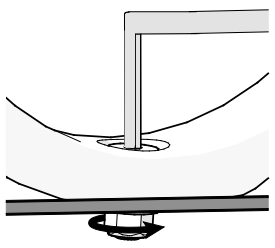


Figure 2

Bolt the equipment to the floor

Precor recommends that the strength equipment be bolted down at all anchoring points. Bolting is made possible by removing the end caps at the frame base and exposing the mounting holes that accommodate the bolts (see the accompanying figure). Replace end caps when bolting is complete.

Important *As floor materials vary, it is important that you consult a licensed contractor to advise you on proper bolting techniques and appropriate fastener types.*

Standards occasionally change or are updated. Precor recommends that you keep apprised of your local industry standards. Precor shall not be held liable for failure to properly bolt the strength equipment to the floor.

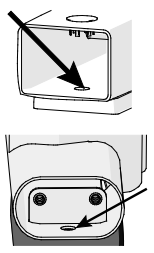


Figure 3

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