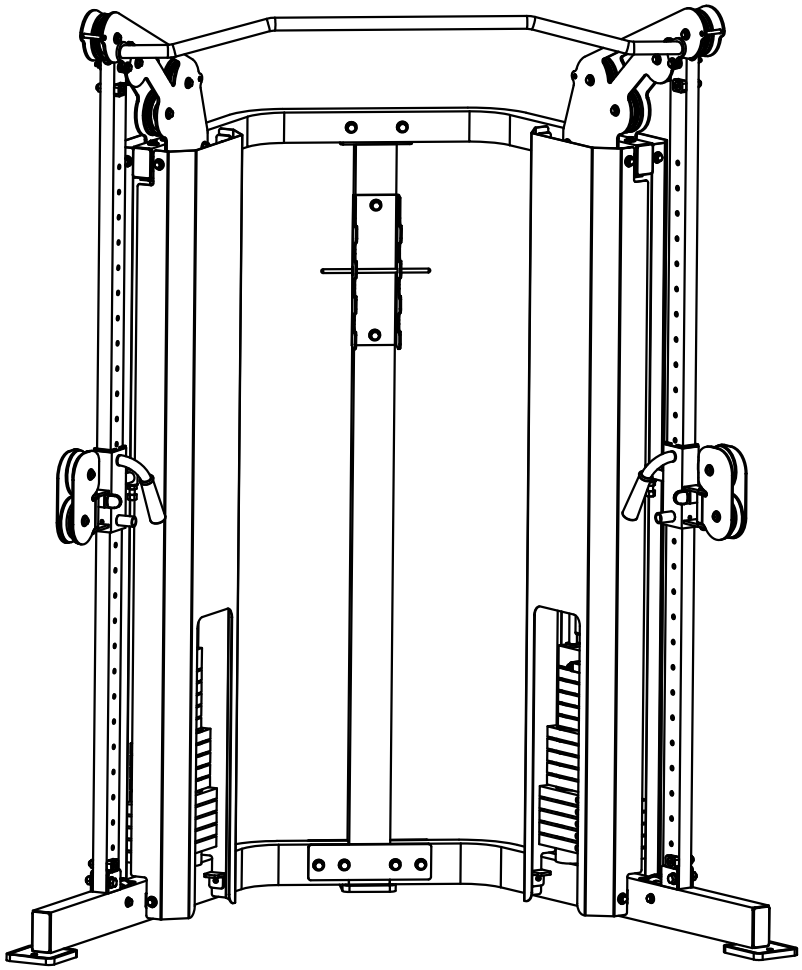
OWNER'S MANUAL

HOIST®

hoistfitness.com

HD 1900

PERSONAL PULLEY



****WARNING!****

TO PREVENT POSSIBLE TIPPING, BOLT THIS UNIT TO THE EXERCISE FLOOR. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY OR DEATH.

Note: Both Serial Number and Model Number are Required when Ordering Parts

RECORD SERIAL NUMBER HERE

MACHINE CODE

A02

Customer Service

(800) 548-5438

(858) 578-7676

Fax

(858) 578-9558

www.facebook.com/hoistfitness

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Step 1

INSTRUCTIONS

Before beginning assembly please take the time to read the instructions thoroughly. Please use the various lists in this manual to make sure that all parts have been included in your shipment. When ordering, use the part number and description from the lists. Use only Hoist replacement parts when servicing. Failure to do so will void your warranty and could result in personal injury.

Hoist equipment is designed to provide the smoothest, most effective exercise motion possible. After assembly, you should check all functions to ensure correct operation. If you experience problems. first recheck the assembly instructions to locate any possible errors made during assembly. If you are unable to correct the problem, call your authorized Hoist dealer. Be sure to have your serial number and this manual when calling. When all parts have been accounted for, continue on.

TOOLS REQUIRED

Socket Wrench

1/2", 9/16" and 3/4" Sockets

3/4" Open end Wrench

Crescent Wrench

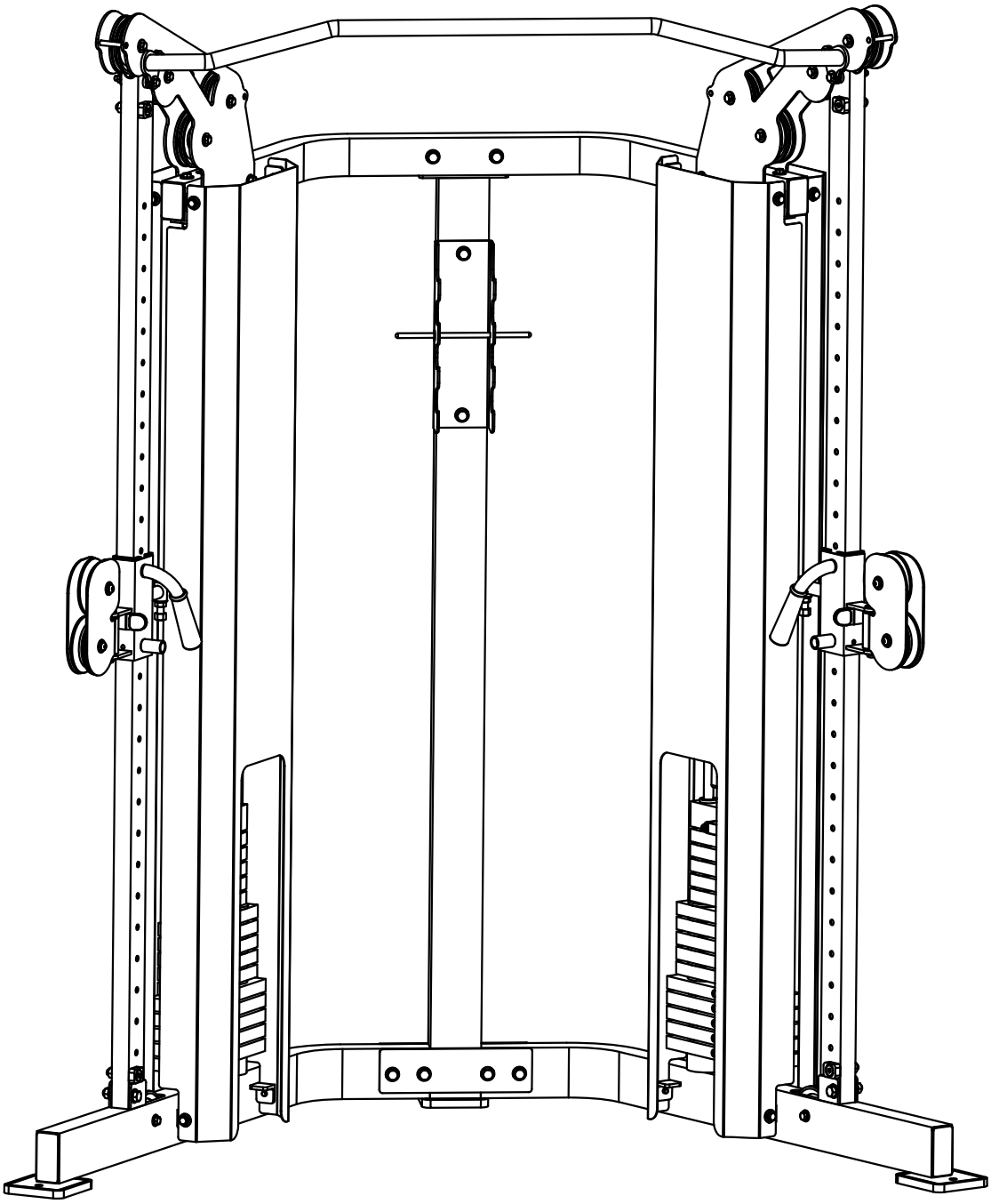
Rubber mallet

Tape Measure

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Step 2

FRAME ASSEMBLY



Step 2a

FRAME ASSEMBLY

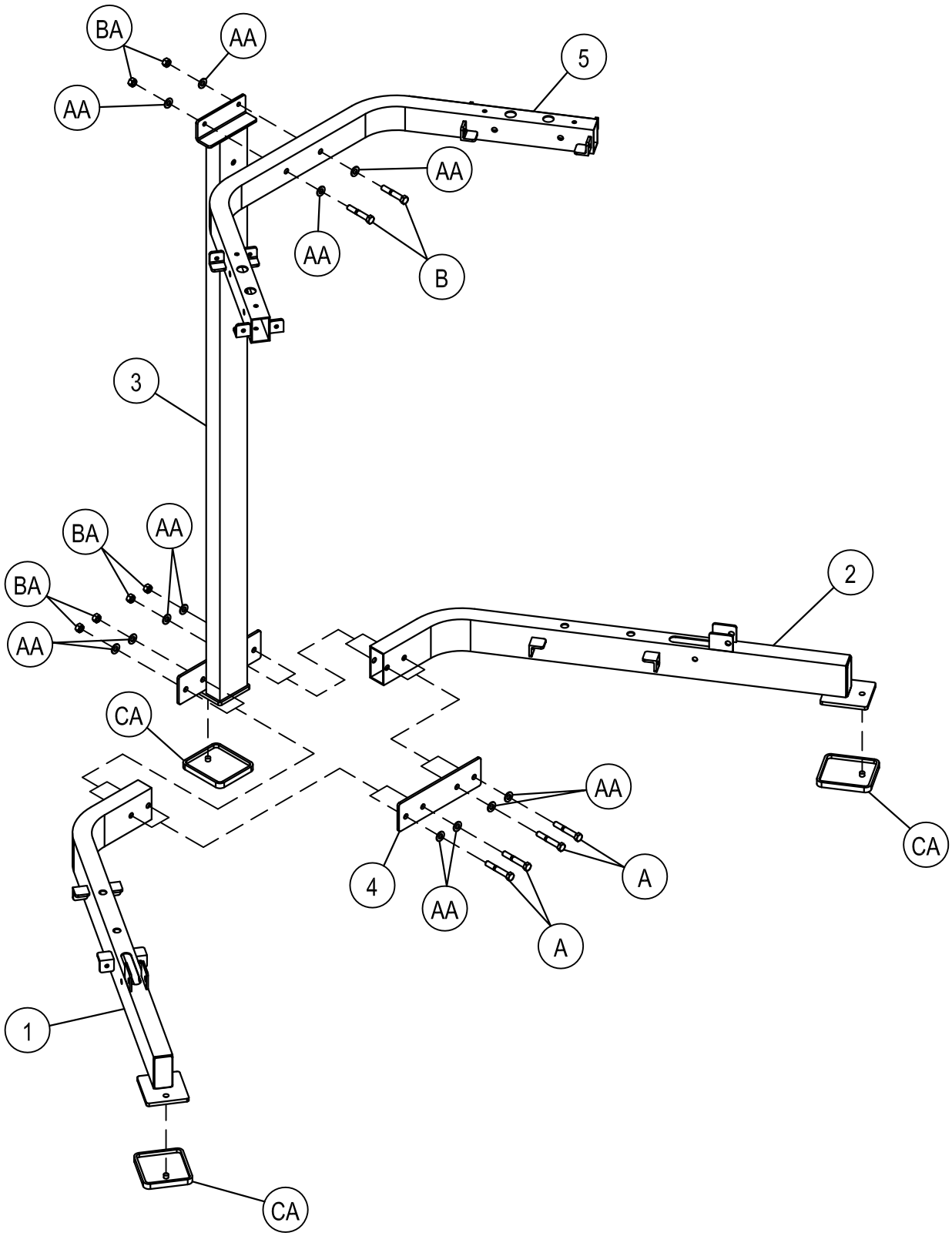
Start assembly by attaching (1), and (2) to (3) and (4). Next attach (5) to the top of (3). *Wrench Tighten* all bolts.

Part Descriptions

1 - Lower Left Frame
2 - Lower Right Frame
3 - Back Bone
4 - 12.00 x 3.50 x .25 Plate
5 - Top Frame Mount

Hardware Descriptions

A - 1/2"-13UNC x 3" Hex Bolt
B - 1/2"-13UNC x 2 3/4" Hex Bolt
AA - 1/2" Flat Washer
BA - 1/2" Nylock Nut
CA - Rubber Foot Pad


BA
AA
AA
5
AA
AA
B
3
BA
AA
BA
AA
2
CA
AA
A
4
AA
A
CA
1
CA

Step 2b

FRAME ASSEMBLY

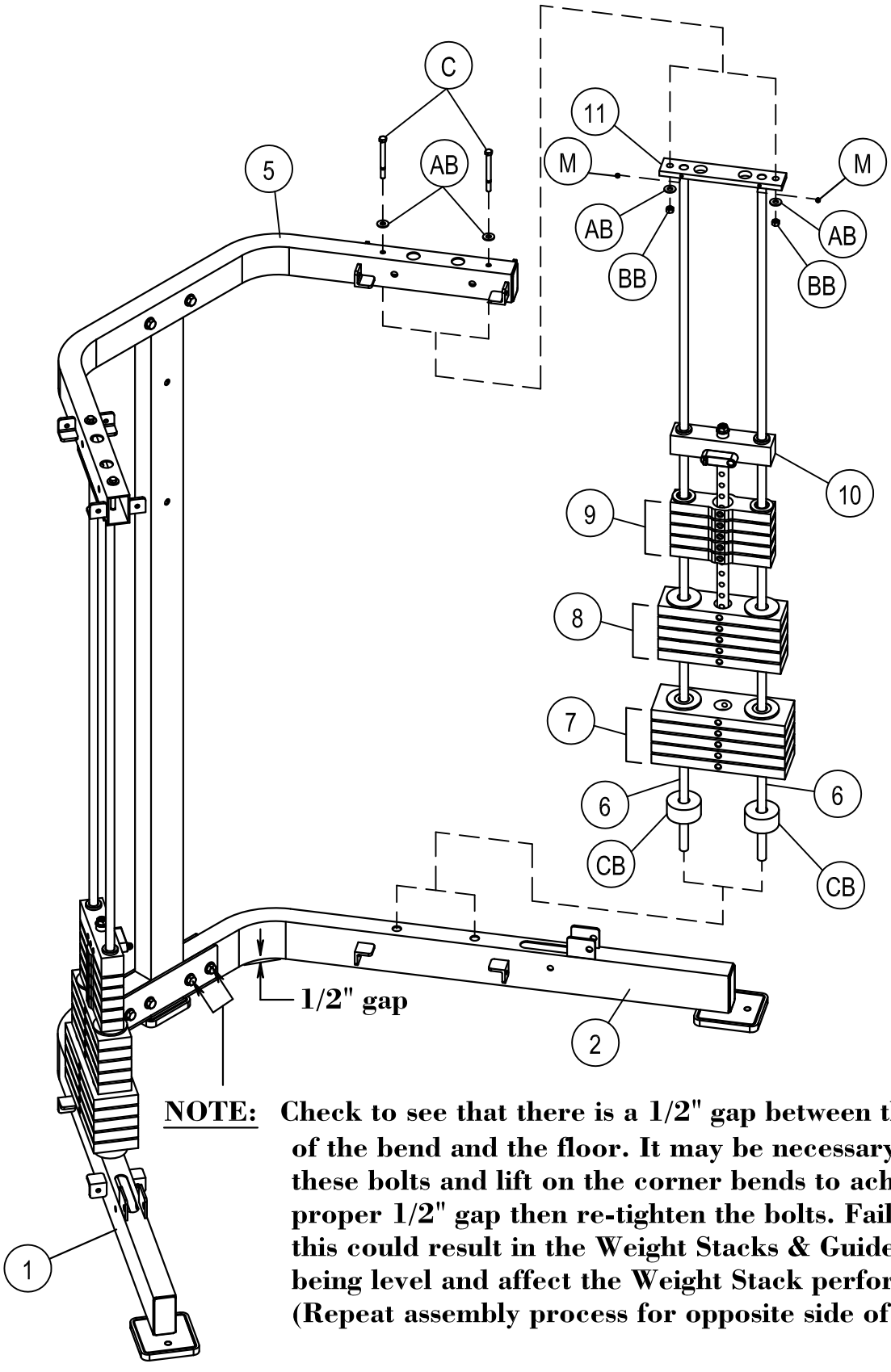
Continue assembly by sliding (6) thru (CB), and slide them both into (2). Tilt both (6)'s forward enough to allow room to slide the weight plates on. Slide five (7)'s, five (8)'s, and five (9)'s onto both (6)'s. Now slide (10) onto both (6)'s. Slide (11) over both (6)'s. Angle both (6)'s vertical and secure (11) to (5). Secure both (6)'s to (11) using set screw (M). *Wrench Tighten* all bolts.

Part Descriptions

1 - Lower Left Franme
2 - Lower Right Frame
5 - Top Frame Mount
6 - Guide Rod
7 - 12 1/2 LB Intermediate weight plate
8 - 8 1/4 Lb. Intermediate Weight Plate
9 - 4 Lb Intermediate Weight Plate
10 - 8 1/4 Lb Top Weight Plate
11 - Guide Rod Top Mount

Hardware Descriptions

C - 3/8"-16UNC x 4" Hex Bolt
M - 5/16"-18UNCx 5/16" Set Screw
AB - 3/8" Flat Washer
BB - 3/8" Nylock Nut
CB - Weight Stack Bumper



NOTE: **Check to see that there is a 1/2" gap between the bottom of the bend and the floor. It may be necessary to loosen these bolts and lift on the corner bends to achieve the proper 1/2" gap then re-tighten the bolts. Failure to do this could result in the Weight Stacks & Guide Rods not being level and affect the Weight Stack performance. (Repeat assembly process for opposite side of machine)**

Step 2c

FRAME ASSEMBLY

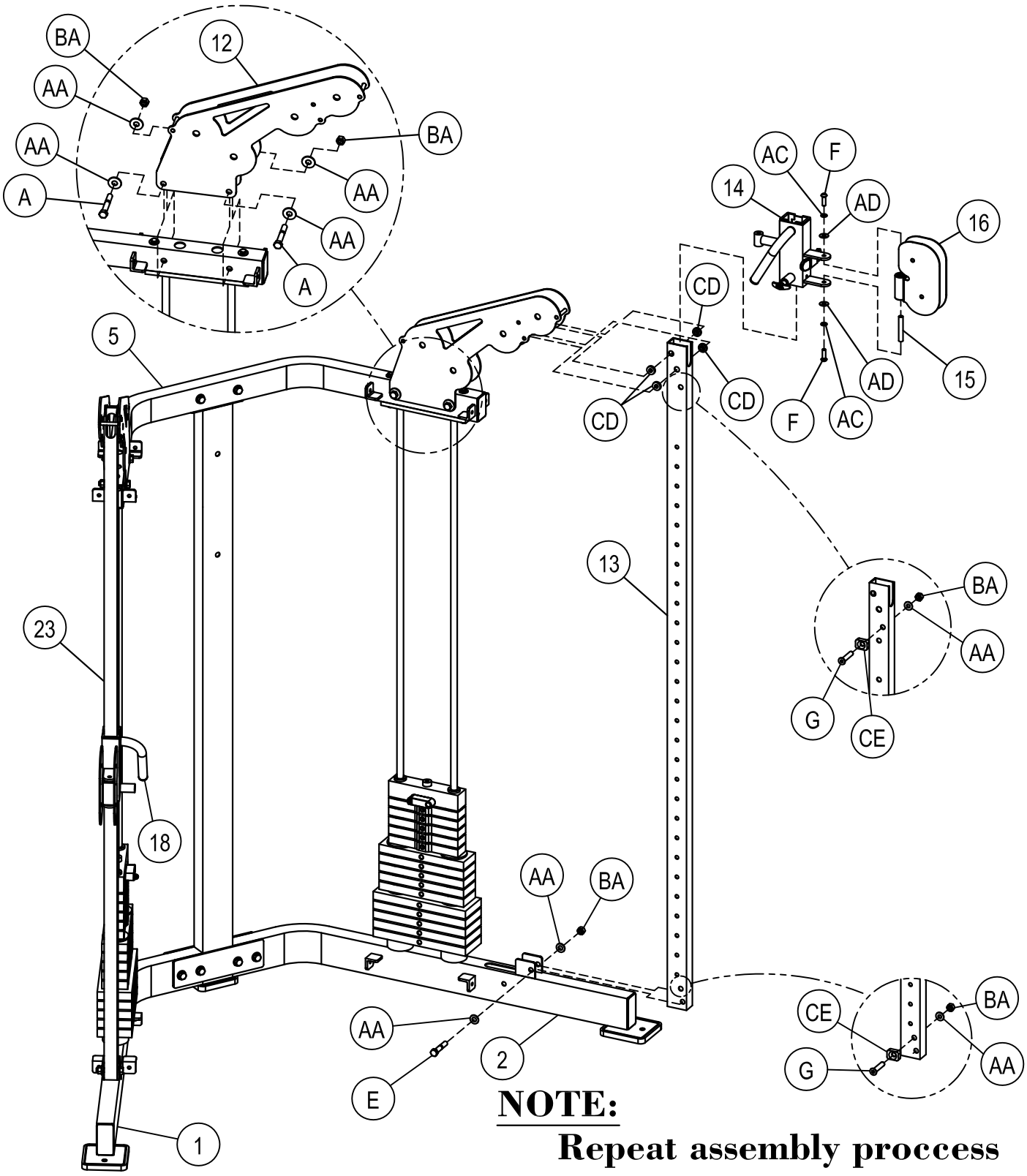
Continue assembly by attaching (12) to (5). Next attach (16) to (14), and slide (14) onto (13). Next attach one (CE) to the top of (13) and one (CE) to the bottom. Attach (13) to (2) and slide the top of (13) into (12). Repeat assembly procedures for opposite side using parts (18) and (23). Continue the assembly on the next page.

Part Descriptions

1 - Lower Left Frame
2 - Lower Right Frame
5 - Top Frame Mount
12 - Top Pulley Housing
13 - Slider Tube, Left Side
14 - Swivel Adjuster (right)
15 - Shaft
16 - Swivel Pulley Housing
18 - Swivel Adjuster (Left)
23 - Slide Tube, Right Side

Hardware Descriptions

A - 1/2"-13UNC x 3" Hex Bolt
E - 1/2"-13UNC x 2 1/2" Hex Bolt
F - 3/8"-16UNC x 1" Button Head Bolt
G - 1/2"-13UNC x 2 1/2" Flat Head Bolt
AA - 1/2" Flat Washer
AC - 3/8" Lock Washer
AD - 3/8" Flat Washer (Thin)
BA - 1/2" Nylock Nut
CD - 1/4" Spacer
CE - Plastic Block



NOTE:

Repeat assembly proccess for opposite side of machine.

Step 2d

FRAME ASSEMBLY

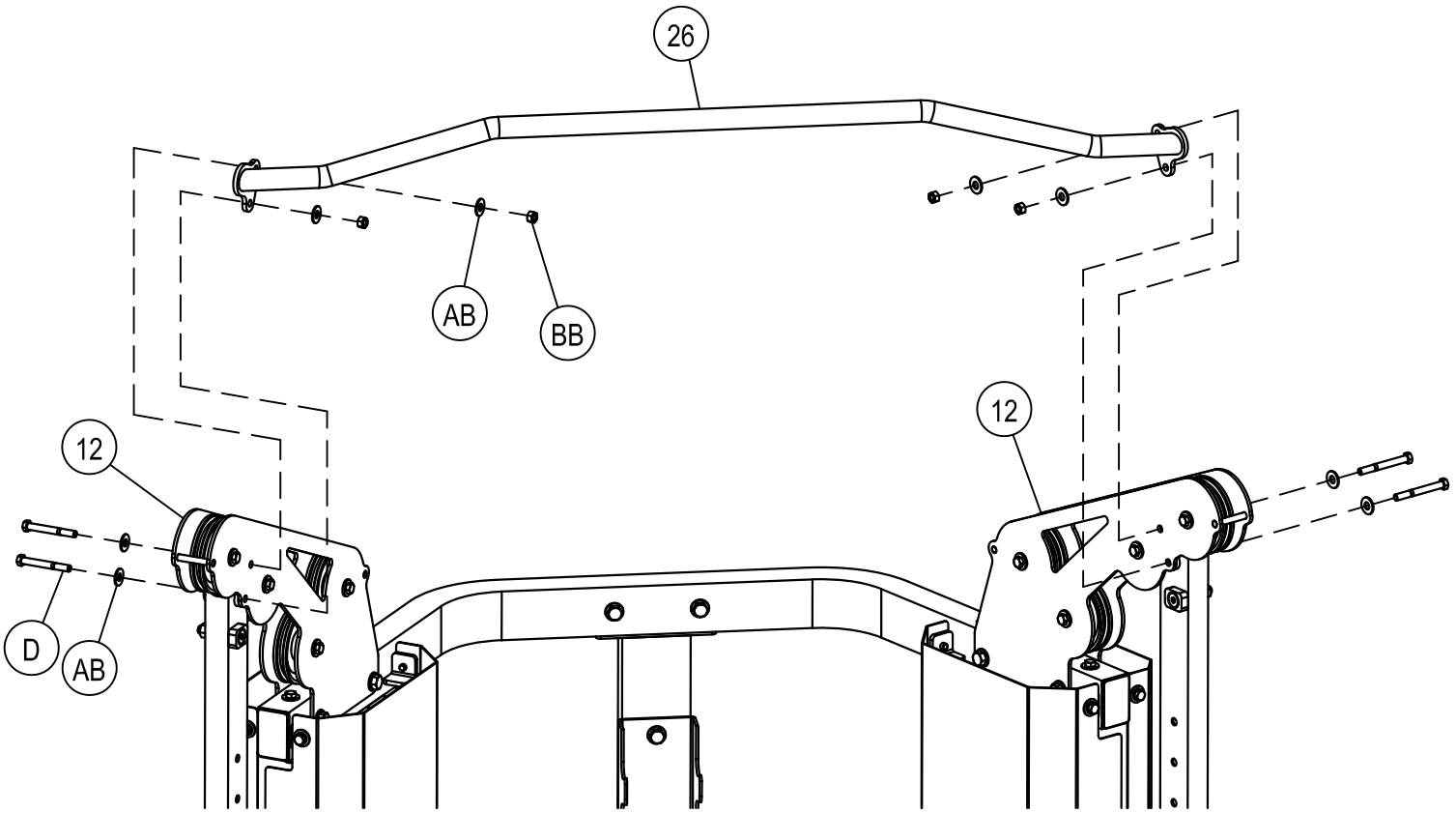
Continue assembly by attaching both sides of (26) to (12)'s. *Wrench tighten* bolts.

Part Descriptions

12 - Top Pulley Housing
26 - Chin-Up Bar Assembly

Hardware Descriptions

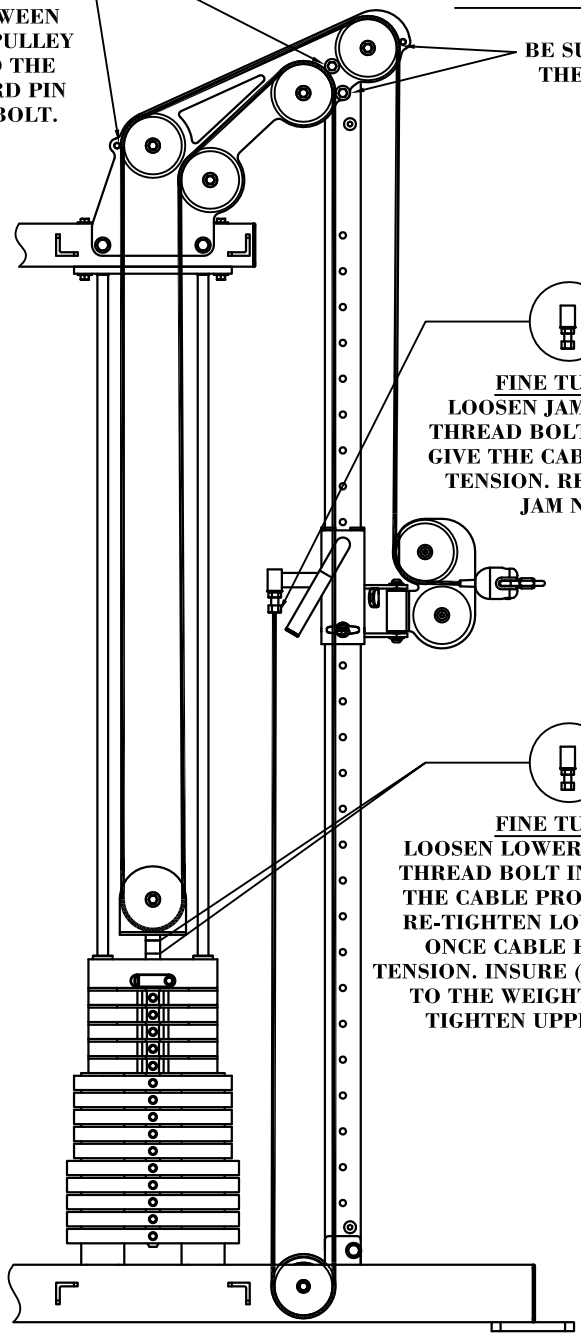
D - 3/8" x 3" Hex Bolt
AB - 3/8" Flat Washer
BB - 3/8" Nylock Nut


26
AB
BB
12
12
D
AB

Step 3
CABLE ASSEMBLY

NOTE:
BE SURE CABLE RUNS BETWEEN THE PULLEY AND THE GUARD PIN OR BOLT.

NOTE:
BE SURE CABLE RUNS BETWEEN THE PULLEY AND THE GUARD PIN OR BOLT.



FINE TUNING:
LOOSEN JAM NUT AND THREAD BOLT IN/OUT TO GIVE THE CABLE PROPER TENSION. RE-TIGHTEN JAM NUT.

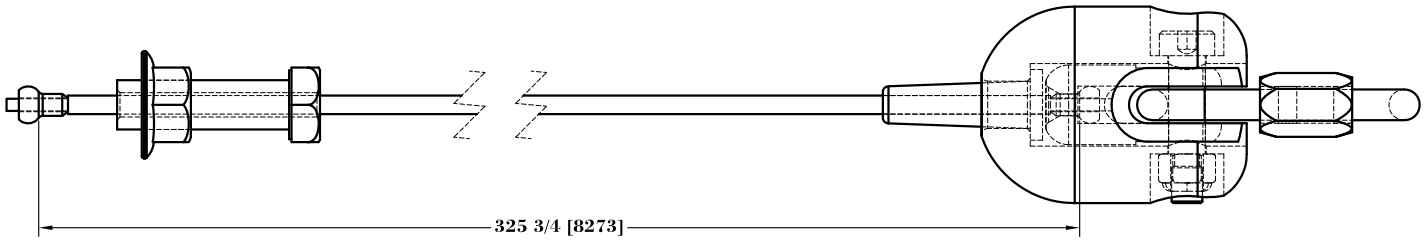
FINE TUNING:
LOOSEN LOWER JAM NUT AND THREAD BOLT IN/OUT TO GIVE THE CABLE PROPER TENSION. RE-TIGHTEN LOWER JAM NUT. ONCE CABLE HAS PROPER TENSION. INSURE (17) IS PARARELL TO THE WEIGHT STACK, AND TIGHTEN UPPER JAM NUT.

Part Descriptions

1 - Adjustable Cable Anchor
12 - Top Pulley Housing

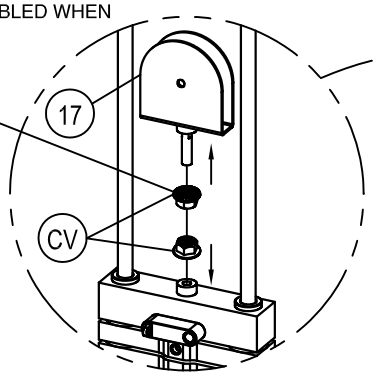
Hardware Descriptions

D - 3/8"-16UNC x 3" Hex Bolt
H - 3/8"-16UNC x 2 1/4" Hex Bolt
I - 3/8"-16UNC x 1 3/4" Hex Bolt
J - 3/8"-16UNC x 2 1/2" Hex Bolt
AB - 3/8" Flat Washer
AC - 3/8" Lock Washer
AD - 3/8" Flat Washer (Thin)
BB - 3/8" Nylock Nut
CF - 4 1/2" Pulley
CG - 11/16" Flanged Pulley Spacer
CH - 4 1/2" Pulley (1 1/2" Wide)
CI - 1/2" Flanged Spacer
CV - 1/2" Jam Nut
CX - Cable

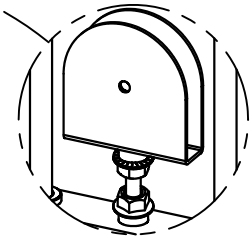


NOTE: THE CABLE ROUTING WAS NOT SHOWN IN THE DETAIL VIEWS ON THIS PAGE FOR CLARITY, BUT THE CABLE DOES REQUIRE TO BE ASSEMBLED WHEN PULLEYS ARE ASSEMBLED.

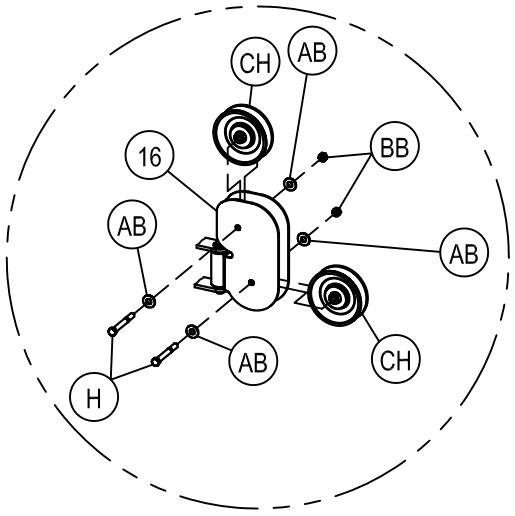
TO PREVENT CABLE FROM TWISTING:
ONCE THE CABLE HAS THE PROPER TENSION, AND THE LOWER JAM NUT HAS BEEN RE-TIGHTENED. INSURE (17) IS PARARELL TO THE WEIGHT STACK, AND TIGHTEN UPPER JAM NUT.



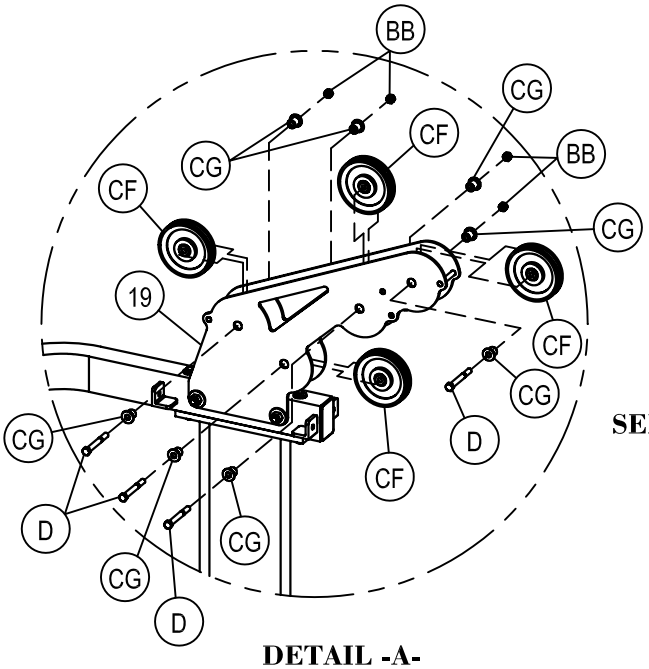
DETAIL -C-



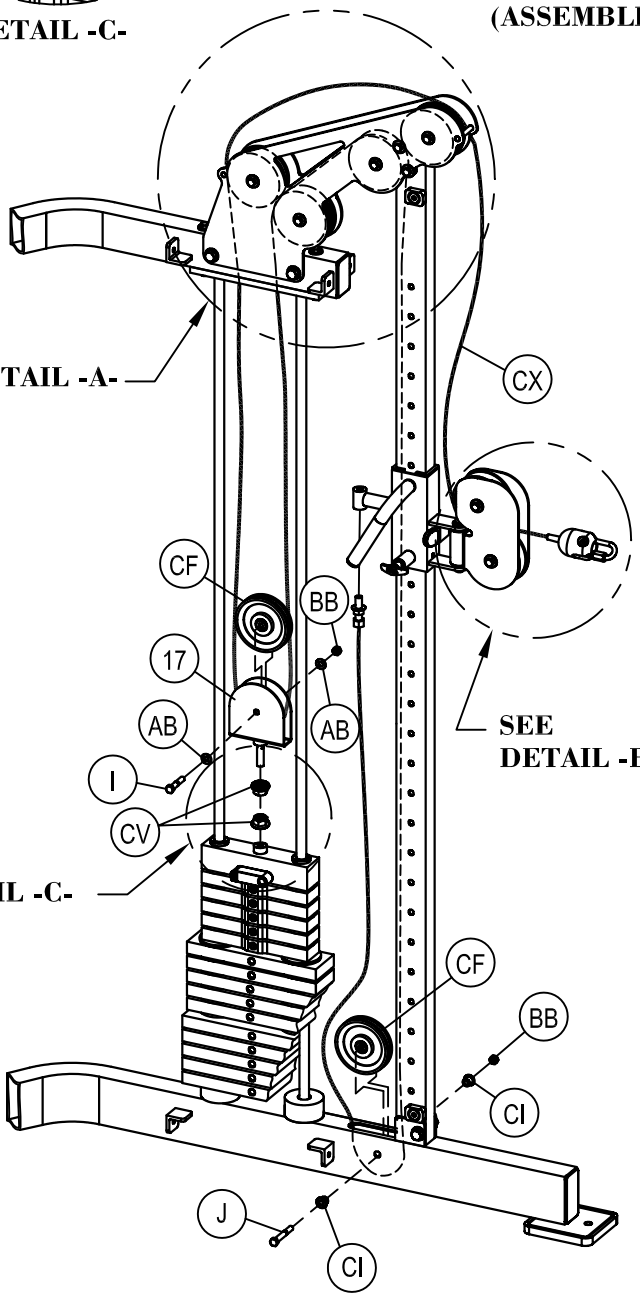
DETAIL -C-
(ASSEMBLED)



DETAIL -B-



DETAIL -A-



NOTE:
Repeat assembly proccess for opposite side of machine.

Step 4a

SHIELD ASSEMBLY

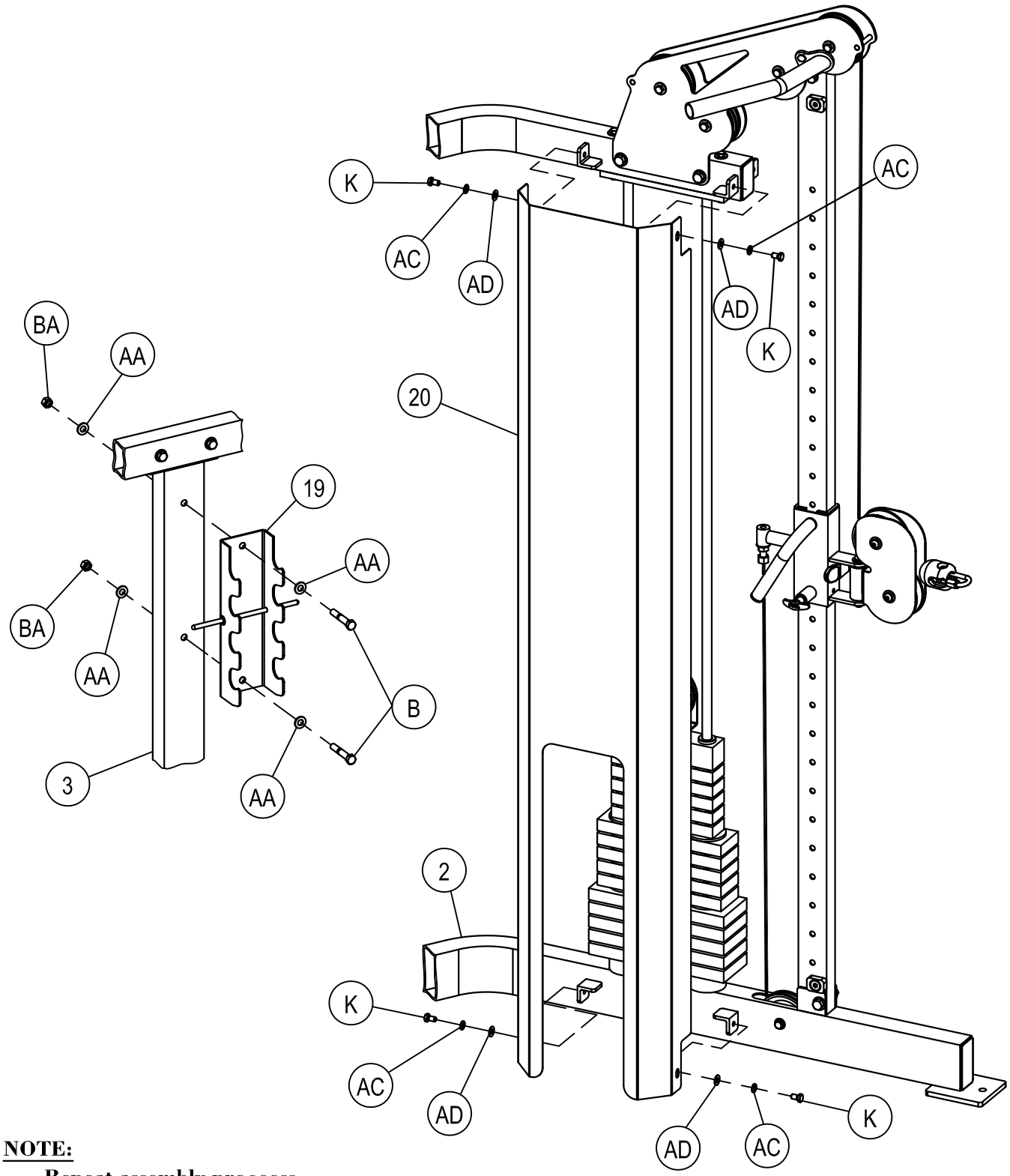
Start by bolting (19) to (3). Next, bolt (20) to (2) and (5) and *Wrench Tighten* bolts.

Part Descriptions

2 - Lower Right Frame Mount
5 - Top Frame Mount
19 - Accessory Rack
20 - Front Guard Shield

Hardware Descriptions

B - 1/2" -13UNC x 2 3/4" Hex Bolt
K - 3/8" -16UNC x 3/4" Hex Bolt
AA - 1/2" Washer
AC - 3/8" Lock Washer
AD - 3/8" Flat Washer (Thin)
BA - 1/2" Nylock Nut



NOTE:

Repeat assembly proccess for opposite side of machine.

Step 4b

SHIELD ASSEMBLY

Start by bolting (21) to (2) and (5) and *Wrench Tighten* bolts.

IMPORTANT NOTICE

Now that the HD1900 Personal Pulley is completely assembled, take time to assure that your unit is assembled square and perpendicular. To check this, use a level to check that the guide rods are perpendicular in both directions, it will be necessary to loosen some frame hardware to re-align the frame and re-tighten bolts.

Part Descriptions

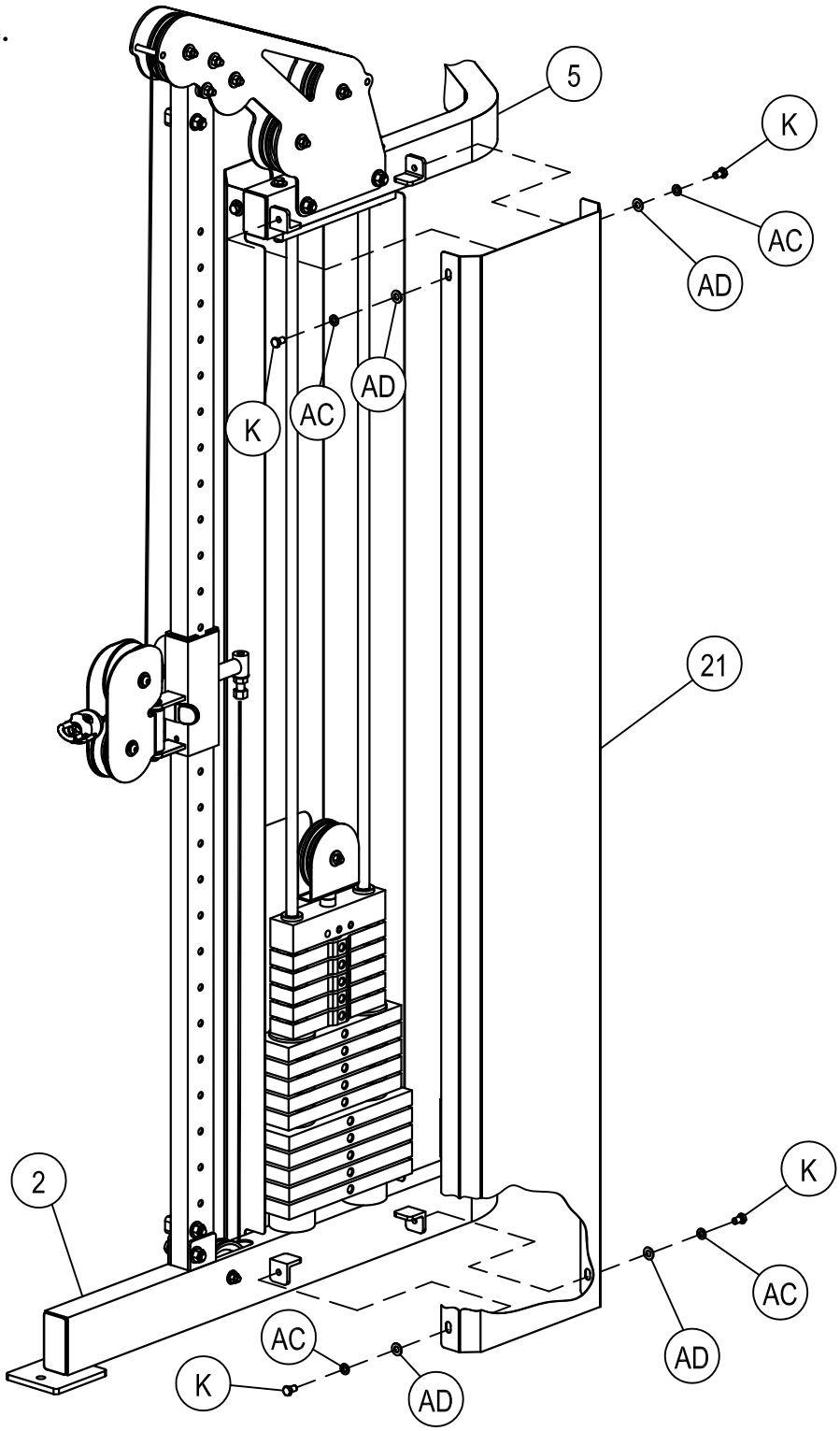
2 - Lower Right Frame Mount
5 - Top Frame Mount
21 - Rear Guard Shield

Hardware Descriptions

K - 3/8" -16UNC x 3/4" Hex Bolt
AC - 3/8" Lock Washer
AD - 3/8" Flat Washer (Thin)

NOTE:

Repeat assembly proccess for opposite side of machine.



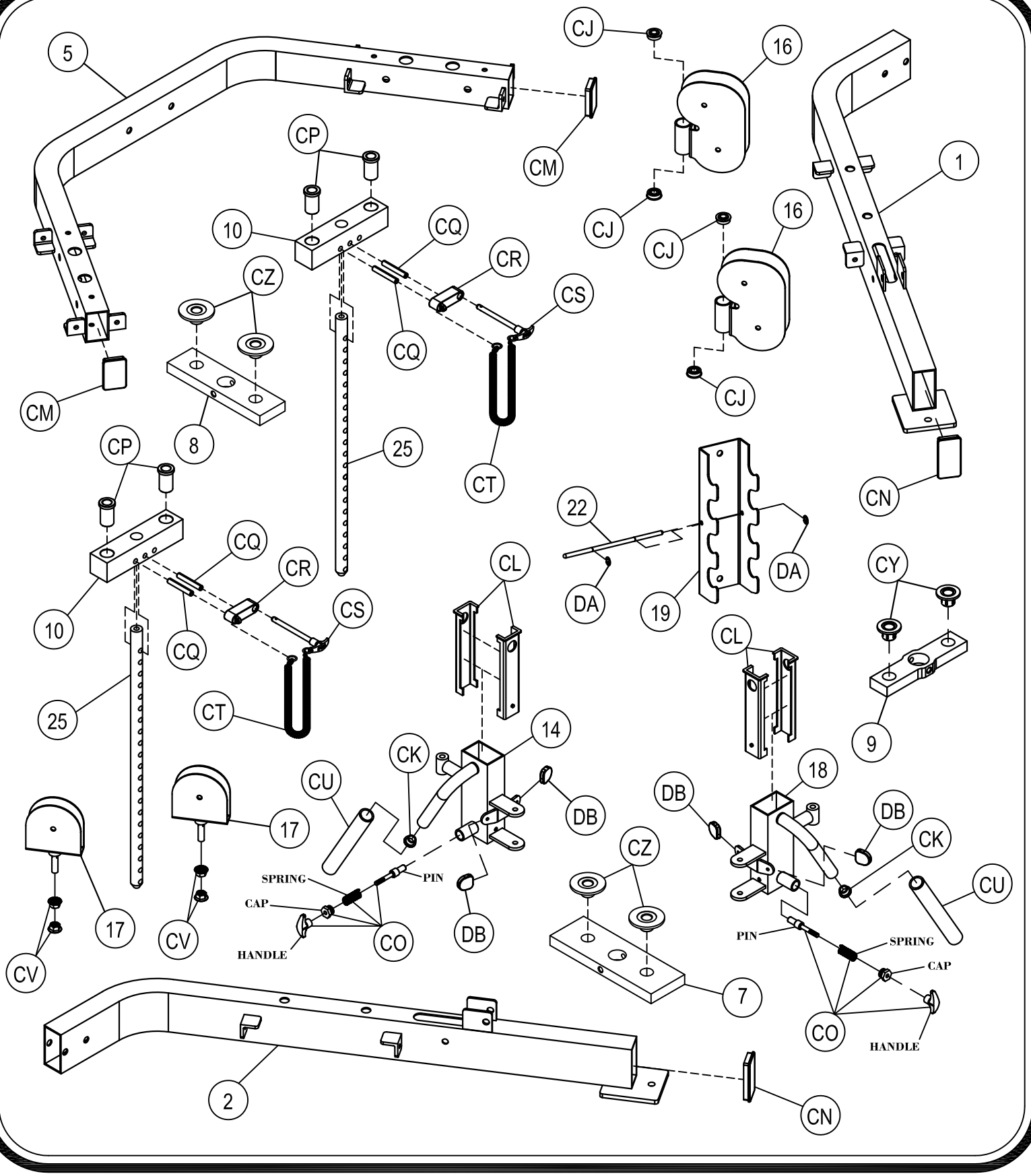
PRE-ASSEMBLY

Part Descriptions

1 - Lower Left Frame Mount
2 - Lower Right Frame Mount
5 - Top Frame Mount
7 - 12 1/2 Lb. Intermediate Plate
8 - 8 1/4 Lb. Intermediae Plate
9 - 4 Lb. Intermediate Plate
10 - 8 1/4 Lb. Top Weight
14 - Swivel Adjuster Detail (Right)
17 - Adjustable Cable Anchor
18 - Swivel Adjuster Detail (Left)
19 - Accessory Rack
22 - Stainless Steal Peg
25 - 16 Plate Selector Pin

Hardware Descriptions

CJ - 1/2" Flanged Ball Bearing
CK - Round End Cap 1" Dia.
CL - Ez Guide Sleeve
CM - Elliptical 2" x 3" End Cap
CN - 2" x 4" End Cap
CO - 1/2" Short Tapered Pull Pin
CP - Guide Rod Bushing
CQ - 7/16" Roll Pin
CR - Lanyard/Selector Pin Stand Off
CS - Selector Pin
CT - Lanyard Coil
CU - Closed End Foam Grip
CV - 1/2" Jam nut
CY - Weight Plate Bushing
CZ - Weight Plate Bushing
DA - 3/8" External Snap Ring
DB - Plastic Bumper


5
CJ
16
CM
CP
10
CQ
CR
CS
CZ
CJ
16
1
CM
8
CQ
25
CT
CJ
CP
CN
22
DA
DA
19
DA
CQ
CR
CL
CY
10
CS
CQ
CL
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CT
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14
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18
17
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DB
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SPRING
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2
CN

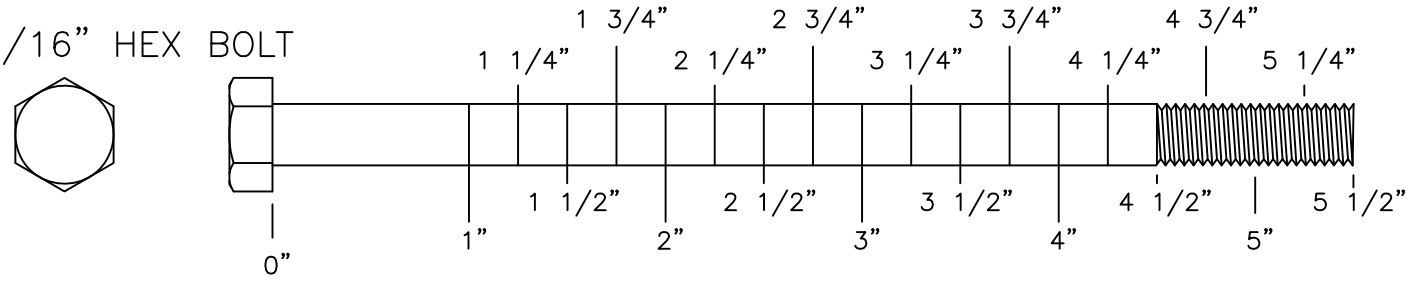
PART LISTING

Key#	Qty.	Part Number	Description
1	1	026-01X1113	LOWER LEFT FRAME
2	1	026-01X1091	LOWER RIGHT FRAME
3	1	026-01X1089	BACK BONE
4	1	026-01P1037	12.00 x 3.50 x .25 PLATE
5	1	026-01X1092	TOP FRAME MOUNT
6	4	026-01G0168	GUIDE ROD Ø3/4" x 73 5/16" LG.
7	10	026-01W0101	12 1/2 Lb INTERMEDIATE PLATE
8	10	026-01W0102	8 1/4 Lb INTERMEDIATE PLATE
9	10	026-01W0114	4 Lb INTERMEDIATE PLATE
10	2	026-1300034	8 1/4 Lb TOP WEIGHT
11	2	026-01P1015	GUIDE ROD TOP MOUNT
12	2	026-01X1090	TOP PULLEY HOUSING
13	1	026-01T0945L	SLIDER TUBE, LEFT
14	1	026-01X1050	SWIVEL ADJUSTER DETAIL (LEFT)
15	2	026-01M0588	SHAFT
16	2	026-01X1071	SWIVEL PULLEY HOUSING
17	2	026-01X0926	ADJUSTABLE CABLE ANCHOR
18	1	026-01X1069	SWIVEL ADJUSTER DETAIL (RIGHT)
19	1	026-01PL335	ACCESSORY RACK
20	2	026-1100201	FRONT SHIELD
21	2	026-1100200	REAR SHIELD
22	1	026-01M0612	STAINLESS STEEL PEG
23	1	026-01T0945R	SLIDER TUBE, RIGHT
25	2	010-0510001	16 PLATE SELECTOR STEM
26	1	026-01X1356	CHIN-UP BAR ASSEMBLY

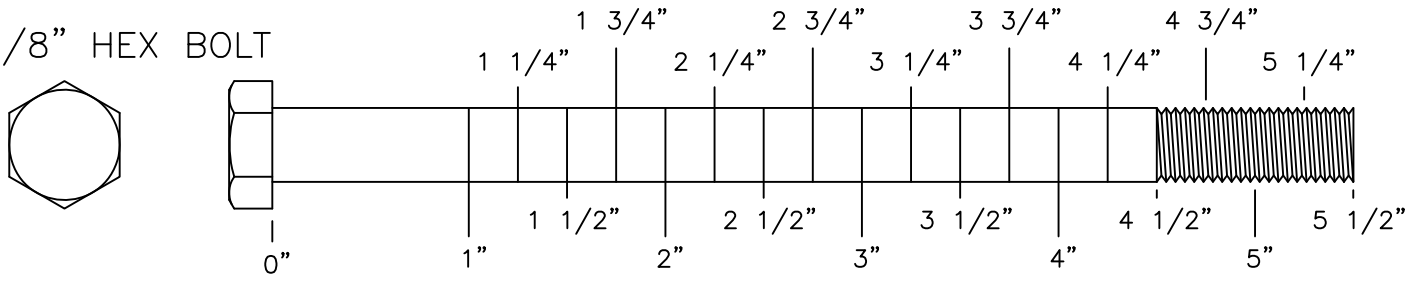
HARDWARE LISTING

Key#	Qty.	Part Number	Description
A	8	011-0407016	1/2"-13UNC x 3" HEX HEAD BOLT (WZ)
B	4	011-0407024	1/2"-13UNC x 2 3/4" HEX HEAD BOLT (WZ)
C	4	011-0407025	3/8"-16UNC x 4" HEX HEAD BOLT (WZ)
D	12	011-0407026	3/8"-16UNC x 3" HEX HEAD BOLT (WZ)
E	2	011-0407018	1/2"-13UNC x 2 1/2" HEX HEAD BOLT (WZ)
F	4	011-0101026	3/8"-16UNC x 1" BHCS (WZ)
G	4	011-0002046	1/2"-13UNC x 2 1/2" FHCS (WZ)
H	4	011-0008001	3/8"-16UNC x 2 1/4 HEX HEAD BOLT (WZ)
I	2	011-0407027	3/8"-16UNC x 1 3/4" HEX HEAD BOLT (WZ)
J	2	011-0107009	3/8"-16UNC x 2 1/2" HEX HEAD BOLT (WZ)
K	16	011-0007035	3/8"-16UNC x 3/4" HEX HEAD BOLT (WZ)
M	4	011-0311012	5/16"-18UNC x 5/16" SOCKET SET SCREW (WZ)
AA	32	013-0102003	1/2" WASHER (WZ)
AB	28	013-0002004	3/8" WASHER (WZ)
AC	20	013-0102016	3/8" SPLIT WASHER (WZ)
AD	20		3/8" SMALL WASHER Ø20mm x Ø10.1mm x 1.0mm T
BA	18	012-0105005	1/2" NYLOK NUT (WZ)
BB	24	012-0004004	3/8" NYLOK NUT (WZ)
CA	3	026-01PL195	RUBBER FOOT PAD
CB	4	26-STD-06-0253	WEIGHT STACK BUMPER
CD	8	026-01M0598	1/4" SPACER
CE	4	026-01PL221	PLASTIC BLOCK
CF	12	26-STD-06-0025	4 1/2" PULLEY
CG	16	026-01M0532	11/16" FLANGED PULLEY SPACER
CH	4	018-0002012	4 1/2" PULLEY (WIDE GROOVE AND UNTAPPED)
CI	4	26-STD-08-0010	1/2" FLANGED SPACER
CJ	4	014-0003003	1/2" ID FLANGED BALL BEARING
CK	2	26-STD-06-0066	ROUND END CAP 1" DIA.
CL	4	026-01PL125T	EZ GLIDE SLEEVE
CM	2	026-01PL192RV	ELIPTICAL 2" x 3" END CAP
CN	2	016-0201016	2" x 4" END CAP
CO	2	026-01M0631	1/2" SHORT TAPERED PULL PIN
CP	4	026-01PL134	GUIDE ROD BUSHING
CQ	4	030-0303010	7/16" ROLL PIN x 2 3/4" LG
CR	2	026-01PL291	LANYARD/SELECTOR PIN STANDOFF
CS	2	026-01X0791	SELECTOR PIN
CT	2	010-0008001	LANYARD COIL
CU	2	019-0002015	CLOSE END FOAM GRIP 1" DIA. x 6" LG
CV	4	26-STD-06-0274	1/2" JAM NUT
CX	2	010-01C250T	HD1900 CABLE
CY	10	026-01PL331	WEIGHT PLATE BUSHING
CZ	20	026-01W0122	WEIGHT PLATE BUSHING
DA	2	014-0015009	3/8" EXTERNAL SNAP RING
DB	4	026-01PL239-B	PLASTIC BUMBER

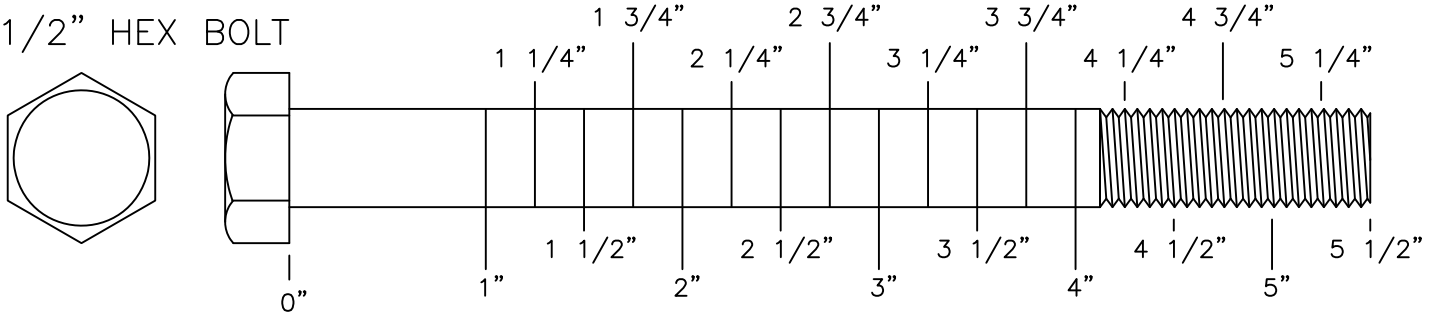
5/16" HEX BOLT



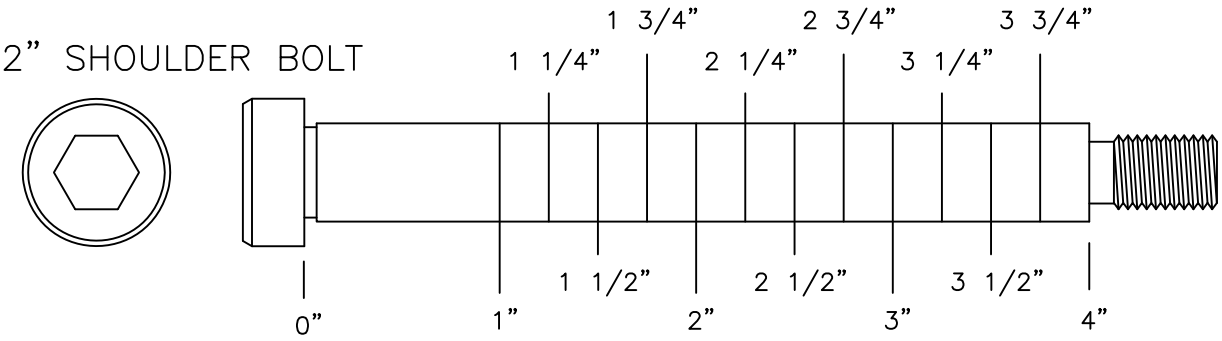
3/8" HEX BOLT



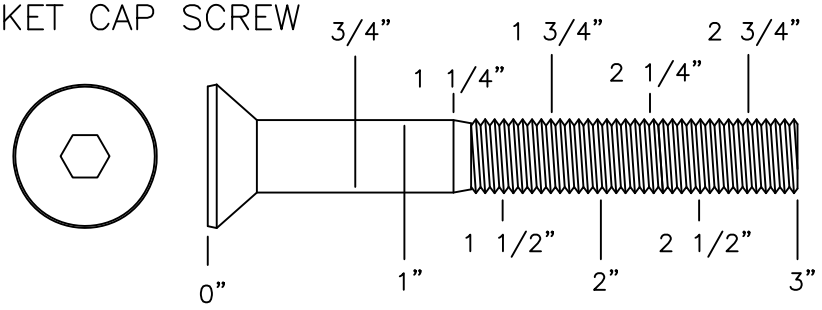
1/2" HEX BOLT



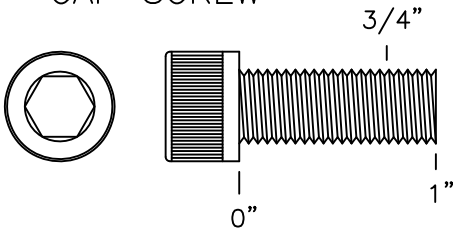
1/2" SHOULDER BOLT



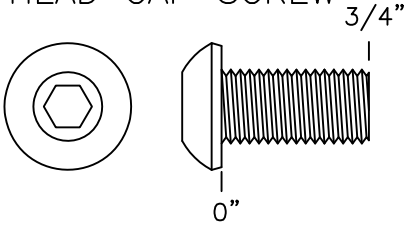
3/8" FLATHEAD
SOCKET CAP SCREW



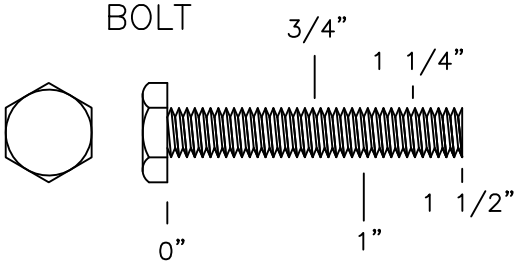
3/8" SOCKET
CAP SCREW



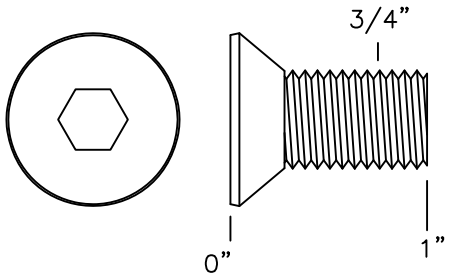
3/8" BUTTON
HEAD CAP SCREW



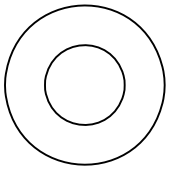
1/4" HEX
BOLT



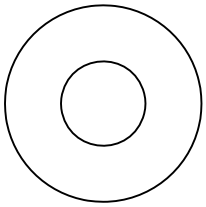
1/2" FLATHEAD
SOCKET CAP SCREW



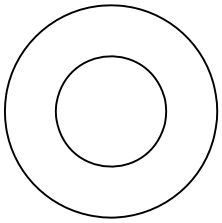
5/16"
FLAT WASHER
LARGE, USS, 25mm



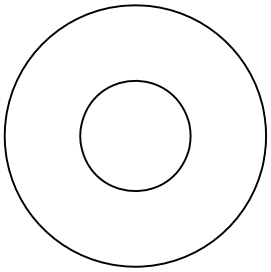
3/8"
FLAT
WASHER



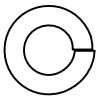
1/2"
FLAT WASHER
SMALL, SAE, 26mm



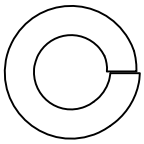
1/2"
FLAT WASHER
LARGE, USS, 34mm



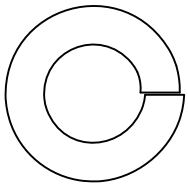
1/4"
LOCK WASHER



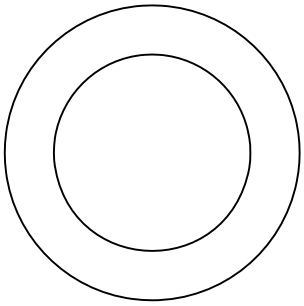
3/8"
LOCK WASHER



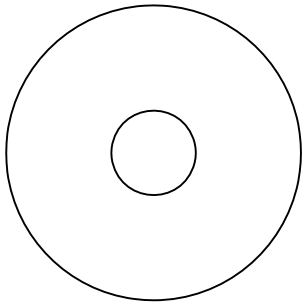
1/2"
LOCK WASHER



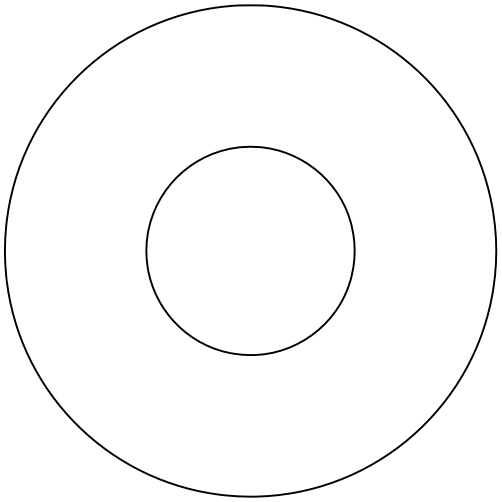
1" SHIM WASHER



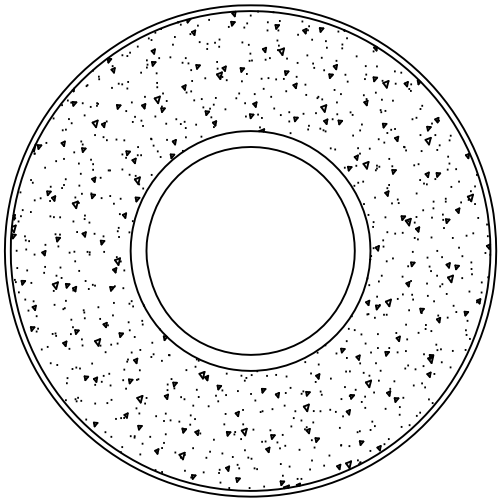
3/8" FENDER WASHER



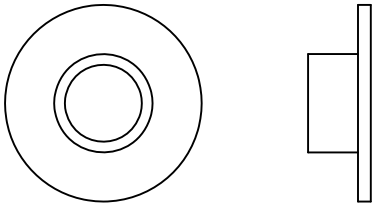
1 1/16"
FENDER WASHER



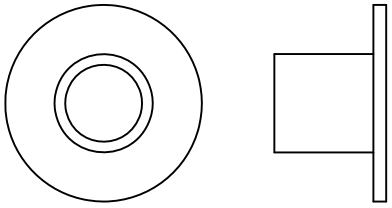
PLASTIC 1 1/16"
FENDER WASHER



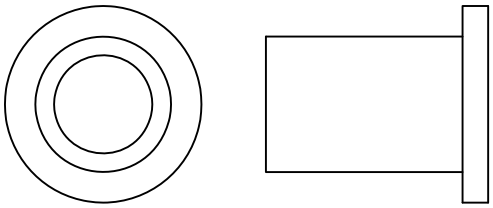
1/4" LONG
FLANGED SPACER



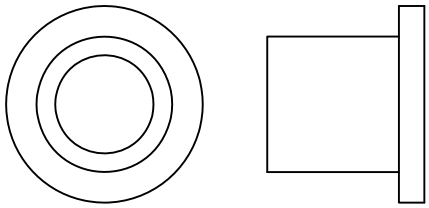
1/2" LONG
FLANGED SPACER



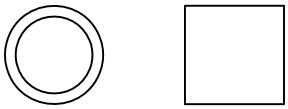
1/4" LONG HEAVY
FLANGED SPACER



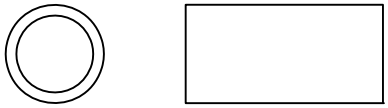
11/16" LONG HEAVY
FLANGED SPACER



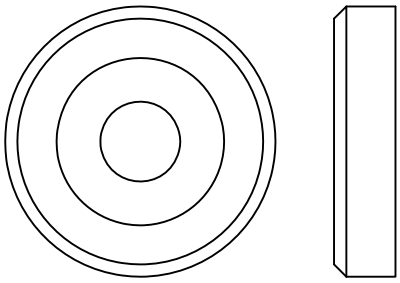
1/2" LONG
SPACER



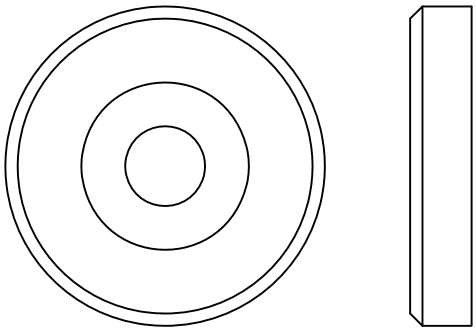
1" LONG
SPACER



1 3/8" ALUMINUM
FLATHEAD CAP

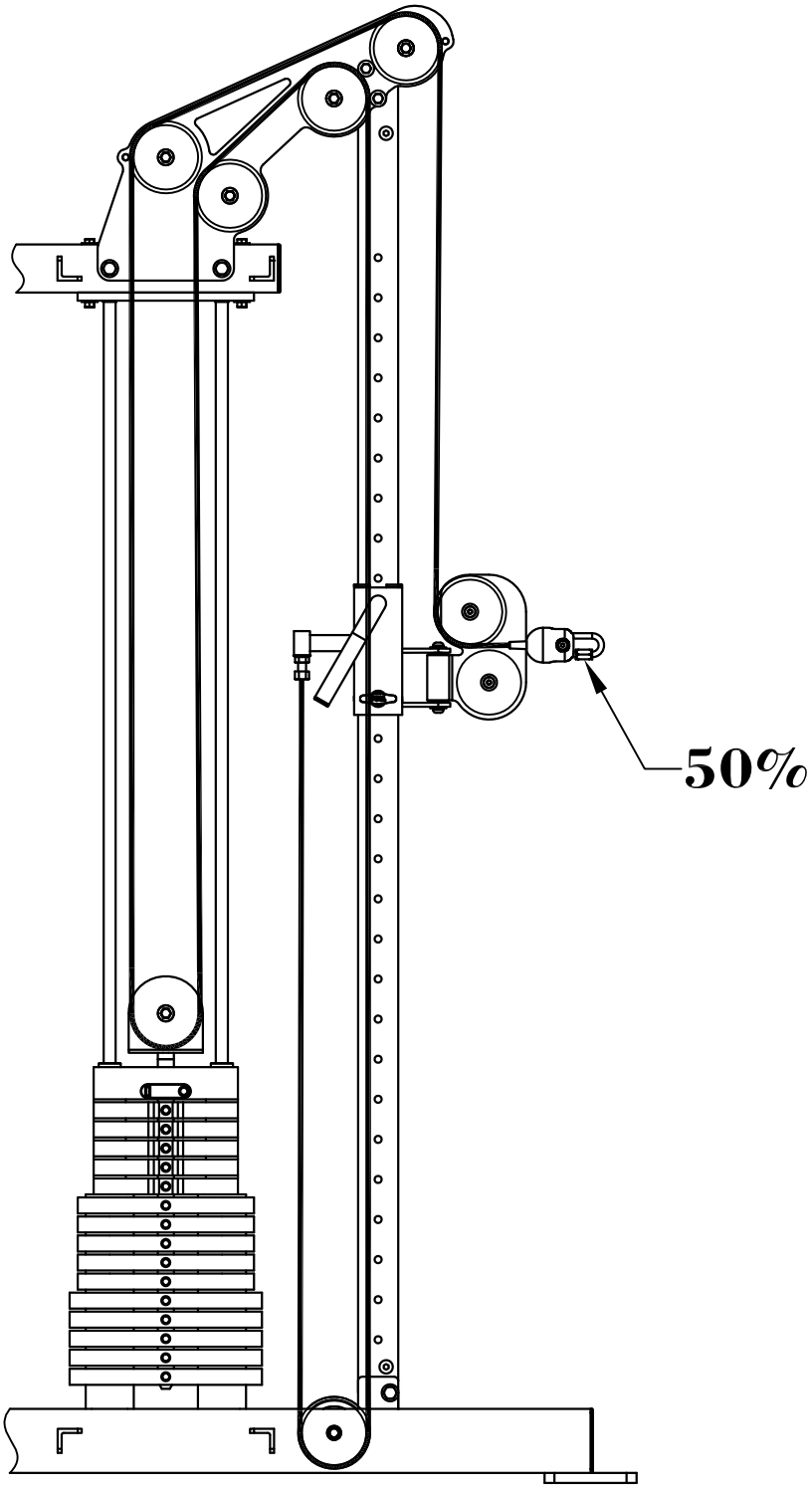


1 5/8" ALUMINUM
FLATHEAD CAP



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WEIGHT RATIOS



	100%	50%
1	12	6
2	16	8
3	20	10
4	24	12
5	28	14
6	32	16
7	40	20
8	48	24
9	56	28
10	64	32
11	72	36
12	85	43
13	97	49
14	110	55
15	122	61
16	135	68

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WEIGHT TRAINING TIPS

Always consult your physician before starting any exercise program.

Hoist equipment is designed to maximize your time spent working out. Having an exercise routine planned out in advance will allow you to get the most benefit out of the time spent exercising, and will also enable you to work all the major muscle groups.

Warm up properly before engaging in weight resistance training. Stretching, yoga, jogging, calisthenics or other cardiovascular exercise can help prepare your body for the heavier workload of lifting weights.

Learn how to perform the exercise correctly before using heavy weight. Correct form is important to avoid injury and to ensure that you work the proper muscle groups.

Know your limitations. If you are new to weight training or are embarking on an exercise regimen after a long layoff, start slowly and build foundational strength over a longer period of time.

Pay attention to your breathing. Exhale when you exert is a general rule of thumb. Never hold your breath.

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WEIGHT TRAINING EXERCISE LOG

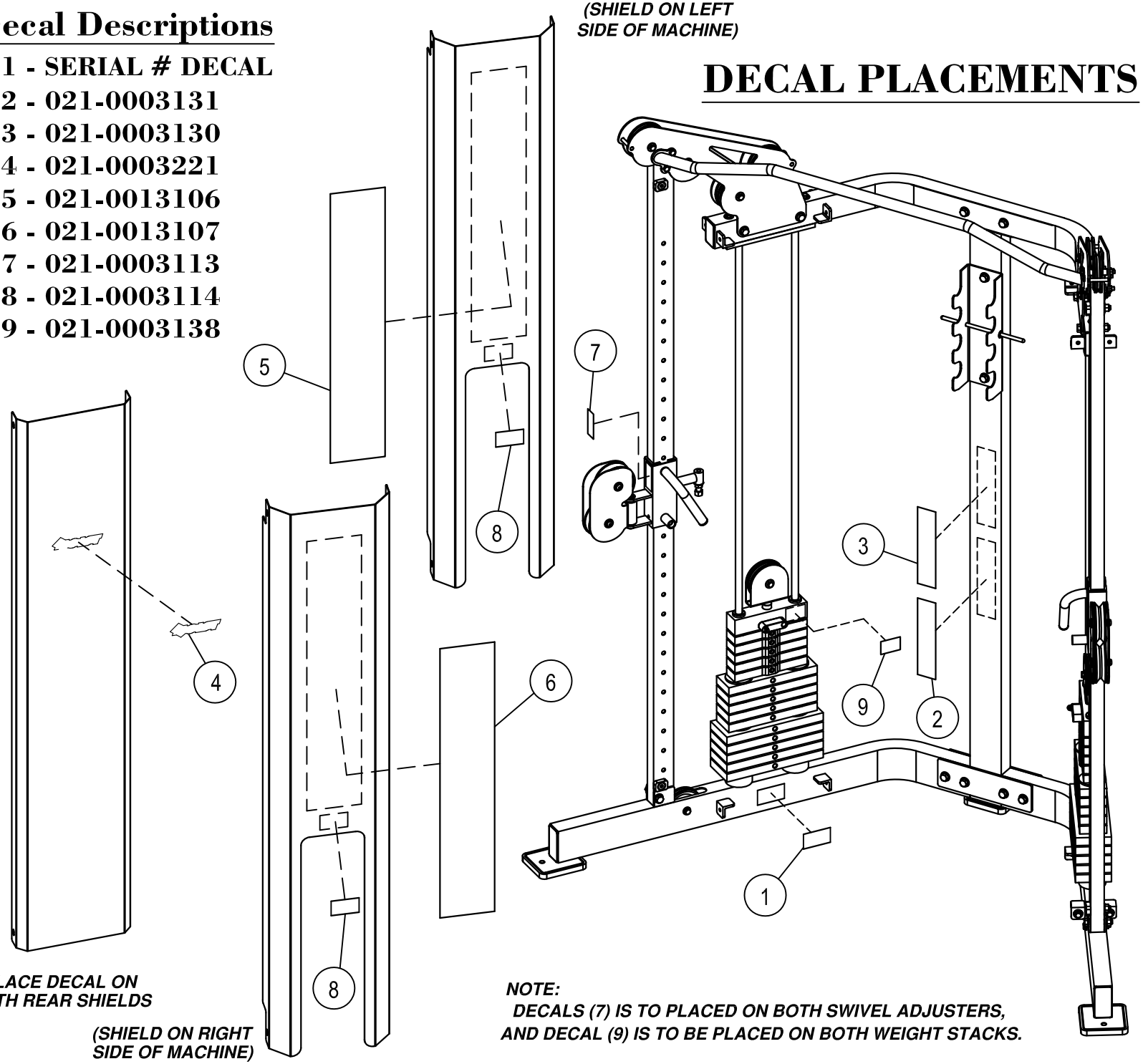
S = Sets R = Repetition per set W = Weight used

Date																																
Exercise	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W	S	R	W
Totals																																

Decal Descriptions

1 - SERIAL # DECAL
2 - 021-0003131
3 - 021-0003130
4 - 021-0003221
5 - 021-0013106
6 - 021-0013107
7 - 021-0003113
8 - 021-0003114
9 - 021-0003138

DECAL PLACEMENTS



NOTE:
DECALS (7) IS TO PLACED ON BOTH SWIVEL ADJUSTERS, AND DECAL (9) IS TO BE PLACED ON BOTH WEIGHT STACKS.

DECAL PLACEMENTS

This decal has been attached to this piece of equipment to provide information regarding operation, saftey and maintenance. Before use, take the time to read these decals.



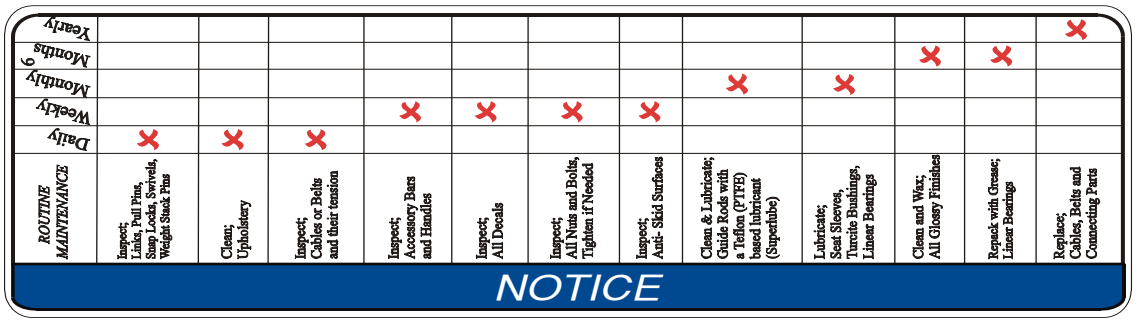
021-0003113



021-0003138



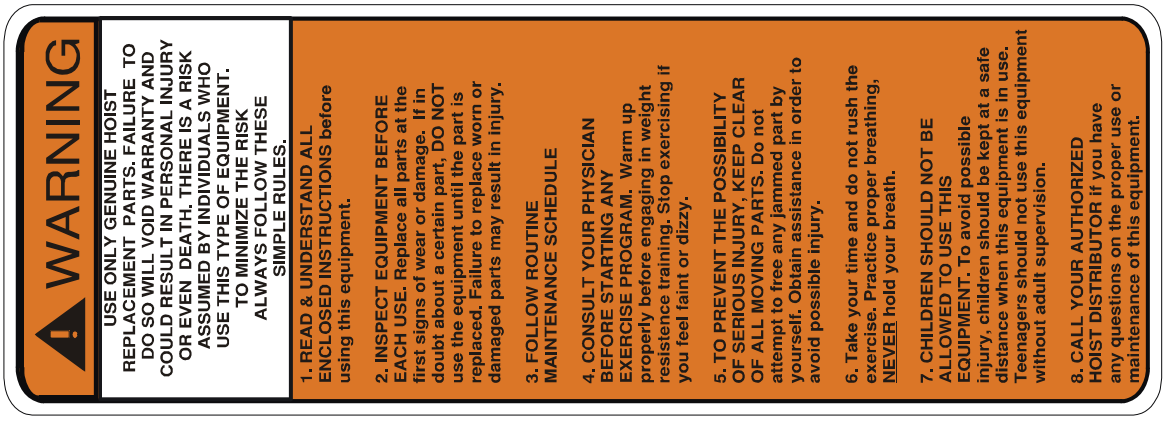
021-0003114



ROUTINE MAINTENANCE	Daily	Weekly	Monthly	9 Months	Yearly
Inspect; Links, Pull Pins, Snap Locks, Swivels, Weight Stack Pins	X				
Clean; Upholstery	X				
Inspect; Cables or Belts and their tension	X				
Inspect; Accessory Bars and Handles		X			
Inspect; All Decals		X			
Inspect; All Nuts and Bolts, Tighten if Needed		X			
Inspect; Anti- Skid Surfaces		X			
Clean & Lubricate; Guide Rods with a Teflon (PTFE) based lubricant (Superlube)			X		
Lubricate; Seat Sleeves, Tuncite Bushings, Linear Bearings			X		
Clean and Wax; All Glossy Finishes				X	
Repack with Grease; Linear Bearings				X	
Replace; Cables, Belts and Connecting Parts					X

NOTICE

021-0003131



021-0003130

DECAL PLACEMENTS

This decal has been attached to this piece of equipment to provide information regarding operation, saftey and maintenance. Before use, take the time to read these decals.



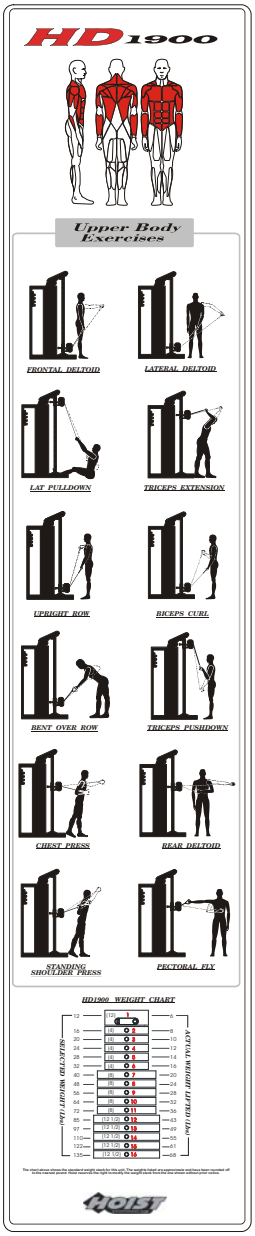
SERIAL # DECAL



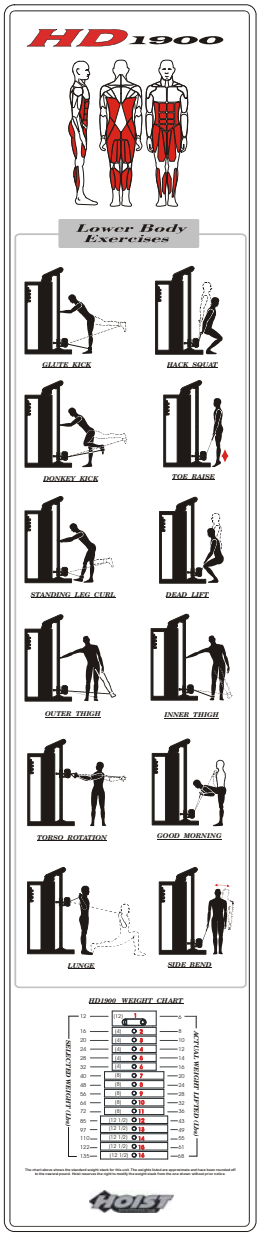
021-0003221

DECAL PLACEMENTS

This decal has been attached to this piece of equipment to provide information regarding operation, saftey and maintenance. Before use, take the time to read these decals.



021-0013106



021-0013107

HOIST FITNESS SYSTEMS
GENERAL MAINTENANCE INFORMATION

Links, Pull-Pins, Snap Locks, Swivels, Weight Stack Pins:

**Check all pieces for signs of visible wear or damage.*

**Check springs in snap hooks and pull-pins for proper tension and alignment.*

**If the spring sticks or has lost its rigidity, replace it immediately.*

Upholstery:

**To ensure prolonged upholstery life and proper hygiene, all upholstered pads should be wiped down with a damp cloth after every workout.*

**Periodically take the time to use a mild soap or an approved vinyl upholstery cleaner to deter the onset of cracking or drying. Avoid using any abrasive cleaners or cleaners not intended for use on vinyl.*

**Replace ripped or warn upholstery immediately.*

**Keep sharp or pointed objects clear of all upholstery.*

Guide Rods:

**Wipe clean with a dust free rag. Lubricate once a week with a Silicon or Teflon based lubricant.*

Decals:

**Inspect and familiarize yourself with any safety warnings or other user information posted on each decal.*

Nuts and Bolts:

**Inspect all nuts and bolts for any loosening and tighten if needed.*

**Go through a re-tightening sequence periodically to ensure that all hardware is tensioned proper.*

Anti-Skid Surfaces:

**These surfaces are designed to supply secure footing and need to be replaced if they appear worn or become slippery.*

Belts and Cables:

**Hoist uses only high quality belt, and mil-spec cables.*

**Visually inspect the belts and cables for fraying, cracking, peeling or discoloration.*

**While the machine is not in use, carefully run your fingers along the belt or cable to feel for thinning or bulging areas.*

**Replace belts and cables immediately at the first signs of damage or wear. Do not use equipment until belts or cables has been replaced.*

GENERAL MAINTENANCE INFORMATION
(CONTINUED)

Belt and Cable Tension:

**Referring to the Owners Manual, when belts or cables are used check all bolts attachments to be sure they are properly attached..*

**Check slack in cables and re-adjust cable tension if needed.*

Seat Sleeves, Turcite Bushings:

**Wipe down adjusting tubes with a dust free rag before applying lubricant.*

**Lubricate seat sleeves and turcite bushings with a Silicon or Teflon baased lubricant spray.*

Linear Bearings:

**Referring to the Owners Manual carefully dis-assemble the bearing from its housing and place a finger full of light grease (lithium, super lube, etc.) into the inside of the bearing. Using your finger, press the grease into the ball-bearings and their tracks. repeat until the ball-bearing tracks are full of grease. Insert the shaft back into the bearing and wipe off excess grease.*

PLEASE KEEP THIS FOR YOUR RECORDS

MAINTENANCE SCHEDULE

ROUTINE	COMMERCIAL MAINTENANCE	HOME MAINTENANCE	LATEST DATE ENTRY								
Inspect; Links, Pull Pins, Snap Locks, Swivels, Weight Stack Pins	DAILY	WEEKLY									
Clean; Upholstery	DAILY	WEEKLY									
Inspect; Cables or Belts and their tension	DAILY	WEEKLY									
Inspect; Accessory Bars, and Handles	WEEKLY	3 MONTHS									
Inspect; All Decals	WEEKLY	3 MONTHS									
Inspect; All Nuts and Bolts, Tighten if needed	WEEKLY	3 MONTHS									
Inspect; Anti-Skid Surface	WEEKLY	3 MONTHS									
Clean & Lubricate; Guide Rods with a Teflon (PTFE) based lubricant (Superlube)	MONTHLY	3 MONTHS									
Lubricate; Seat Sleeves, Turcite Bushings, Linear Bearing	MONTHLY	3 MONTHS									
Clean and Wax; All Glossy Finishes	6 MONTHS	YEARLY									
Repack with Grease; Linear Bearings	6 MONTHS	YEARLY									
Replace; Cables, Belts and Connecting Parts	YEARLY	3 YEARS									

Your equipment comes with a commercial maintenance decal.
For personal, in home use, please follow the home maintenance schedule listed above.

HOIST FITNESS SYSTEMS
LIMITED LIFETIME WARRANTY

Hoist Fitness Systems warrants this product to the **original purchaser** to be free from defects in workmanship and/or materials under normal use or service. If at any time a component part is defective, Hoist Fitness Systems shall repair or replace it (at Hoist Fitness Systems option) within a reasonable period of time. This warranty does not cover costs of removal, transportation or reinstallation. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear.

WARRANTY CLAIMS. All claims require: Model number, Serial number, Date of installation, and any information supporting the existence of the alleged defect.

To complete Warranty Registration visit:
www.HOISTFITNESS.com
and click on the Warranty Registration link

Starting from the original date of purchase, normal wear and tear shall be considered as the following:

COMMERCIAL USE: All malfunctions of upholstery, grips, and coatings that occur up to one year; all malfunctions of belts, or cables up to one year; all malfunctions of pulleys, bearings, or bushings that occur up to three years. The frame and body components are warranted for ten years, with structural moving parts warranted for five years.

LIGHT COMMERCIAL USE: All malfunctions of upholstery, grips, and coatings that occur up to one year; all malfunctions of belts, or cables up to one year; all malfunctions of pulleys, bearings, or bushings that occur up to three years. The frame and body components are warranted for ten years, with structural moving parts warranted for five years.

HOME USE: All malfunctions of grips, paint, and chrome that occur up to ten years; all malfunctions of electronic components, belts, cables, or upholstery that occur up to ten years; all malfunctions of pulleys, bearings, or bushings that occur up to ten years. The frame and all welded components are warranted for the life of the product.

PLEASE NOTE THAT NOT ALL HOIST PRODUCTS ARE MADE FOR COMMERCIAL USE. Refer to the instructions page of your owners manual or consult with you fitness product dealer to establish if a product is made for commercial use or not. Using a non-commercial product in a commercial setting can result in serious injury or death! Hoist Fitness Systems sole responsibility shall be to repair or replace the component within the terms stated above. Hoist Fitness Systems shall not be liable for any loss or damage of any kind including any incidental or consequential damages resulting, directly or indirectly from any warranty expressed or implied or any other failure of this product.

LIGHT COMMERCIAL USE: Our Light Commercial warranty applies to facilities that **DO NOT** charge monthly membership dues and where the equipment would be used by **no more than 50** people per day. Examples of Light Commercial facilities include hotels, apartment complexes, personal training studios, fire stations, police stations, etc., that meet the criteria stated above.

WHAT IS NOT COVERED BY THIS WARRANTY: Hoist's sole obligation under this warranty is limited to either repair or replacement of parts, subject to the additions below. This warranty neither assumes nor authorizes any person to assume obligations other than expressly covered by this warranty.

NO CONSEQUENTIAL DAMAGES: Hoist is not responsible for economic loss; profit loss; or special, indirect, or consequential damages.

WARRANTY IS NOT TRANSFERABLE: This warranty is not assignable and applies only in favor of the original purchaser/user to whom delivered. Any such assignment or transfer shall void the warranties herein made and shall void all warranties, expressed, implied or statutory, except the one (1) and five (5) year warranties described above. These warranties are exclusive and in lieu of all other warranties, including implied warranty and merchantability or fitness for a particular purpose. There are no warranties which extend beyond the description on the face hereof.

TRANSPORTATION COSTS: Hoist will accept parts covered under this warranty freight collect, provided that shipment has received prior approval. Hoist is not responsible for any other transportation costs, but will ship freight collect parts either repaired or replaced under these warranties.

Hoist Fitness Systems
11900 Community Rd.
Poway, CA. 92064
(800)548-5438

PLEASE KEEP THIS FOR YOUR RECORDS