625R Recumbent Bike E3 Console

625R-E3-10

Parts Manual

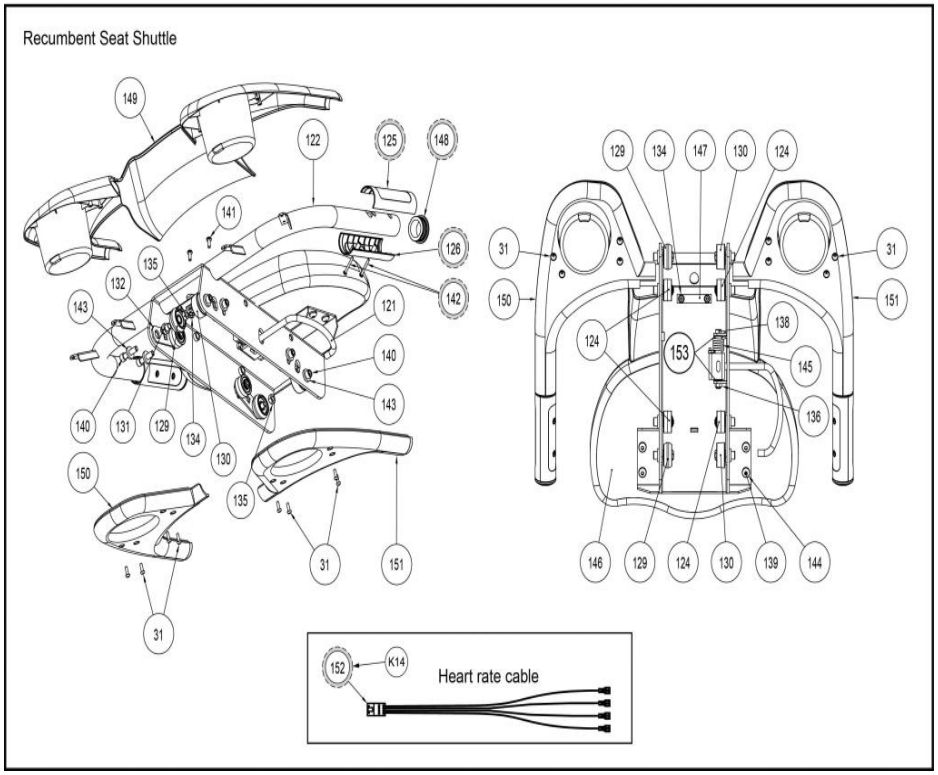
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LifeFitness
WHAT WE LIVE FOR

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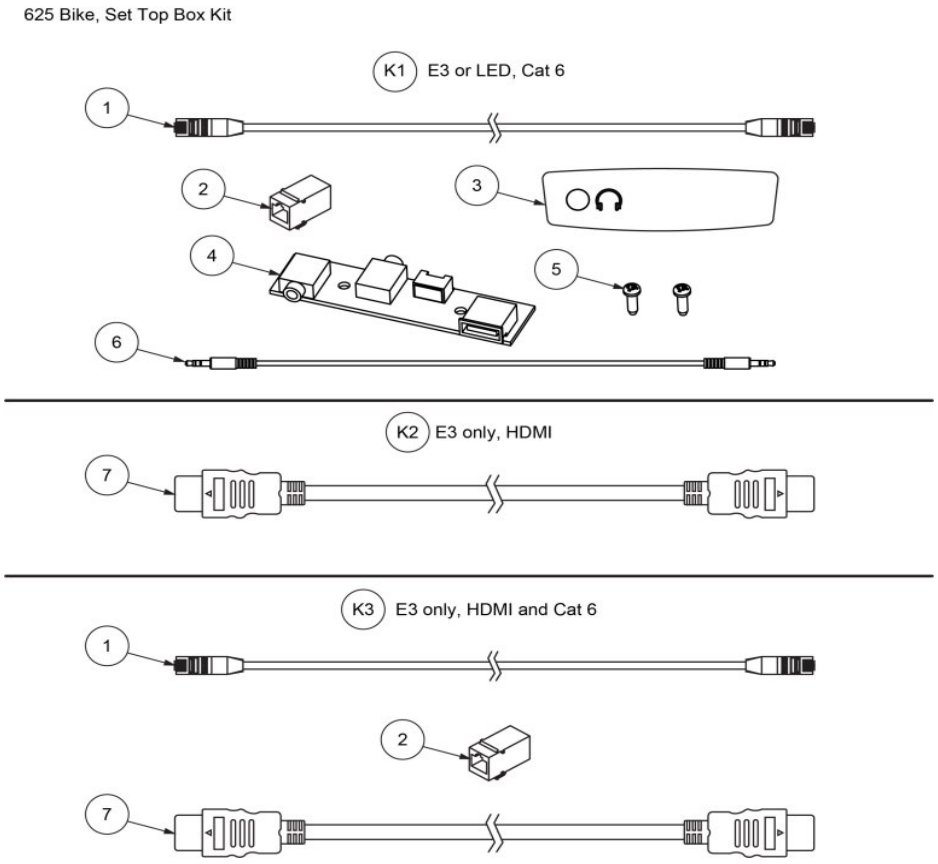
Recumbent_Seat_Shuttle



Ref #	Part Number	Qty	Description
K14	PKAX-25117	1	KIT,CONTACT HR GRIPS W/WIRE
31	HS-15706	8	SCREW,8-16X.50,PNHD,STL,BLK ZN CLR,TYP WB
121	AF-18000	1	WELDMENT,SHUTTLE HANDLE
122	AF-23750	1	WELDMENT,SEAT SHUTTLE 625R
124	AX-18148	4	ASSY,SEAT SHUTTLE WHEEL
125	AX-19669G	1	GRIP,HR TOP,IN-MOLDED,GRAY
126	AX-19670G	1	GRIP,HR BTM,IN-MOLDED,GRAY
129	CW-18141	2	WHEEL,LEFT,VEE
130	CW-18144	2	WHEEL,RIGHT,TAPERED
131	FM-18143	1	SPACER,LOWER SHUTTLE WHEEL
132	FS-18023	1	PLATE,WHEEL TENSION ADJUSTER
134	HN-11925	2	KEPS,10-32 HEX STL ZN
135	HN-18252	4	NUT,5-16-18,PREVAILING TORQUE
136	HN-60558	1	NUT NYLOC .250-20 ZN,BLK
138	HS-18089	1	BOLT,SHLD,5-16X2.75 SCHD
139	HS-18298	4	BOLT,5-16-18X .88,BTHD CAP,SS,
140	HS-18358	1	BOLT,5-16-18X.1.25,SCHD CAP,BL
141	HS-18497	2	SCREW,10-32X .50,PNHD PHIL,BLK
142	HS-20306	4	SCREW,6-20X1.12 PNHD PHIL TYPE
143	HW-18123	1	WSHR,.344IDX.75 ODX.125THK,HAR
144	HW-53018	4	WASHER 5-16 SPLIT SS,BLK
145	HX-18168	1	SPRING,TORSION,SEAT SHUTTLE

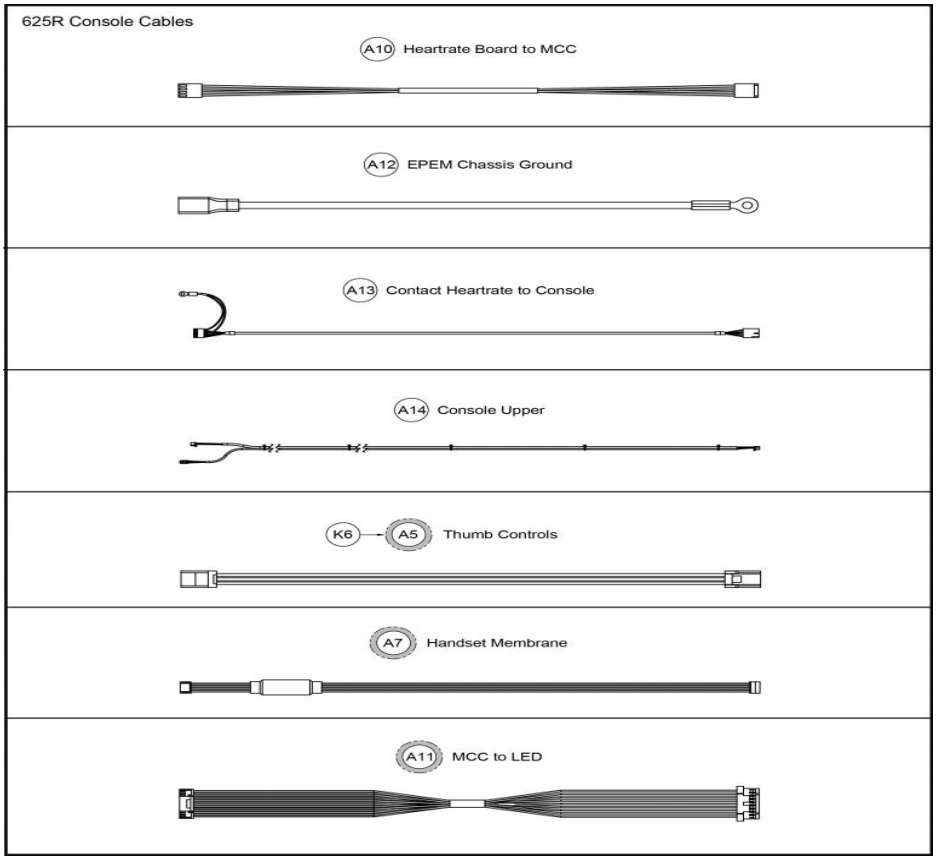
Ref #	Part Number	Qty	Description
146	PD-18166G	1	SEAT BOTTOM,750R,GRAY
147	PL-18204	1	CLAMP,FLAT CABLE COVER
148	PL-20230G	1	END CAP, CONTACT GRIP,GRAY
149	PL-21655	1	ACCESSORY TRAY TOP,750R
150	PL-21656	1	ACCESSORY TRAY BTM,LEFT,750R
151	PL-21657	1	ACCESSORY TRAY BTM,RIGHT,750R
152	AW-17882	1	CABLE,CHR GRIPS,530R
153	HB-18121	2	BUSHING FLANGED,PLASTIC,5-16ID

STB_upgrade_kit_625CR



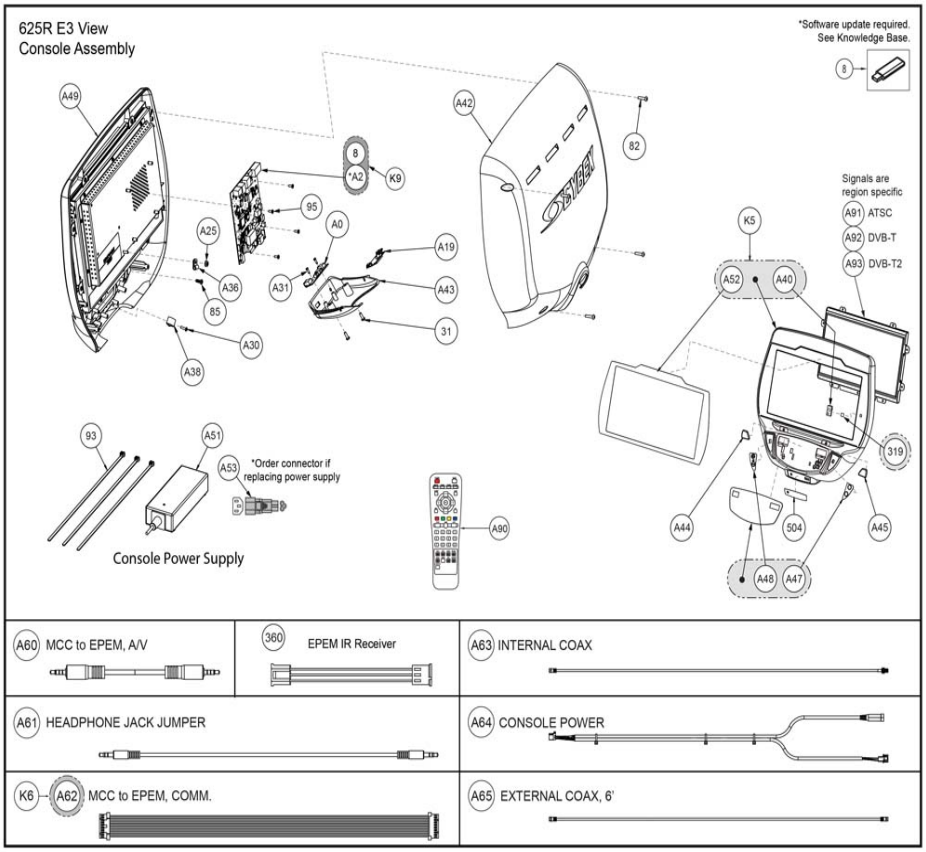
Ref #	Part Number	Qty	Description
1	AW-24892	1	CABLE,CAT6 SHIELDED,7FT(84IN),
K1	PKAW-25932	1	UPGRADE KIT,625CR E3,LED CAT6
2	CN-24895	1	COUPLER,CAT6 SHIELDED RJ45 8 C
K2	PKAW-25934	1	UPGRADE KIT, BIKE EPEM HDMI
K3	PKAW-25936	1	UPGRADE KIT, BIKE, EPEM HDMI CAT6
3	770A-381	1	DECAL , HEADPHONE JACK ONLY
4	770A-347	1	PCA, HANDSET AUDIO JACK
5	HS-20553	1	SCREW,4X3-8,SLFTP,PNHD,PHIL,ZN
6	770A-357	1	CABLE, HEADPHONE JACK JUMPER, ARC
7	AW-25819	1	CABLE, HDMI 8' HIGH SPEED M-M

625R_Console_Cables



Ref #	Part Number	Qty	Description
A5	770A-365	1	CABLE,THUMB CONTROLS
K6	KAW-24393	1	KIT,625ACR CONSOLE CABLES
A7	770A-364	1	CABLE, HANDSET MEMBRANE, ARC
A10	770A-361	1	CABLE, ARC HRBOARD TO MCC
A11	770A-359	1	CABLE, 770A ARC MCC TO LED
A12	770A-412	1	CABLE, EPEM CHASSIS GROUND
A13	AW-23754	1	CABLE,CHR CONSOLE,625CR 770CR
A14	AW-23758	1	CABLE,CONSOLE,625R 770R

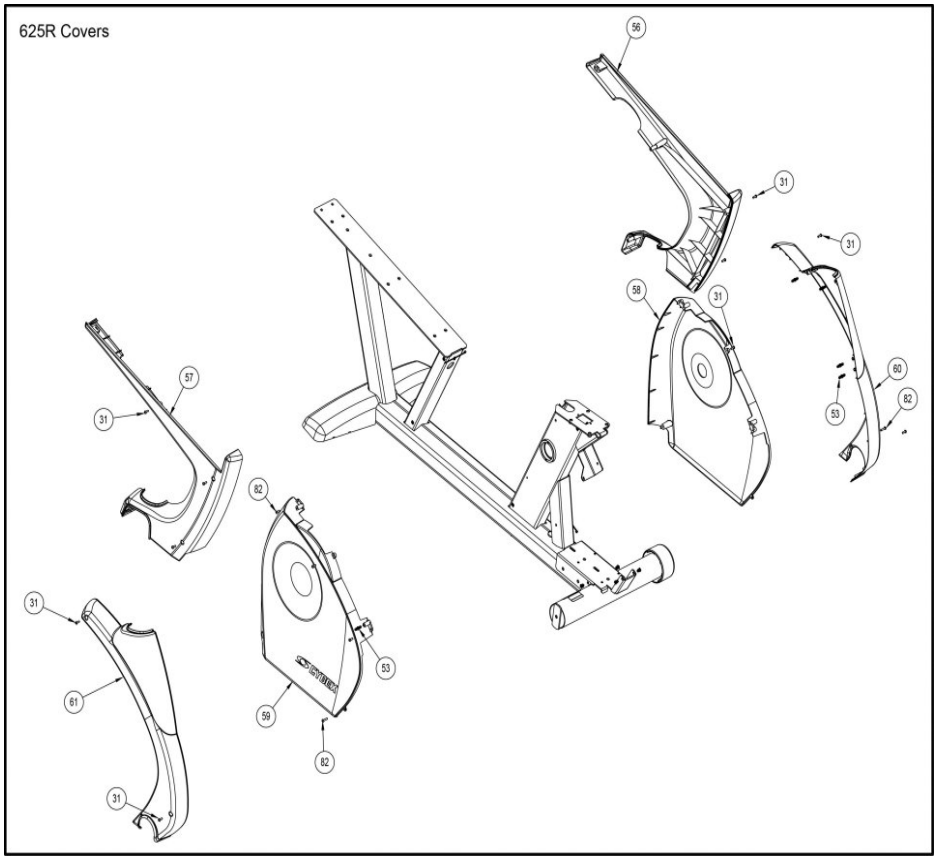
625R_Console_E3



Ref #	Part Number	Qty	Description
A0	770A-347	1	PCA, HANDSET AUDIO JACK
A2	525AT-407	1	PCA, MCC, UNPROGRAMMED, IPOD, 525AT, C, R
K5	KPL-24229	1	Kit 626CR E3 Bzl w/dec
K6	KAW-24393	1	KIT,625ACR CONSOLE CABLES
K8	CP-23199	1	USB 2.0 FLASH DRIVE,BLANK CDW 424820 for kit PKCP-23201
K9	PKAD-24626	1	KIT,MCC REPLACEMENT 625C/R
A19	770A-379	1	SENSOR, HEART RATE COMBO
A25	HN-11879	1	KEPS 8-32 HEX STL ZINC
A30	HS-18320	1	SCREW,6-19X1-2 in,PNHD PHIL,ZN
A31	HS-20553	1	SCREW,4X3-8,SLFTP,PNHD,PHIL,ZN
31	HS-15706	2	SCREW,8-16X.50,PNHD,STL,BLK ZN CLR,TYP WB
A36	HX-23021	1	CLIP,CABLE CLAMP,3-16DIA
A38	HX-23491	1	CLIP,CABLE CLAMP,9-16in DIA,NY
A40	AD-23465	1	PCA,IR SENSOR,EPEM
A41	625A-325	1	ASSY. PC WINDOW & BEZEL, ACR
A42	770A-326	1	CONSOLE BACK, 625A-770A
A43	770A-330	1	COVER, HEADPHONE JACK DOOR, SMALL CONSOLE
A44	770A-328	1	BACK TAB, SMALL CONSOLE, LEFT
A45	770A-329	1	BACK TAB, SMALL CONSOLE, RIGHT
A47	770A-387	1	THUMB SWITCH, RIGHT, RESISTANCE
A48	SW-23713	1	MEMBRANE,THUMB CONTROL,LEFT,RE

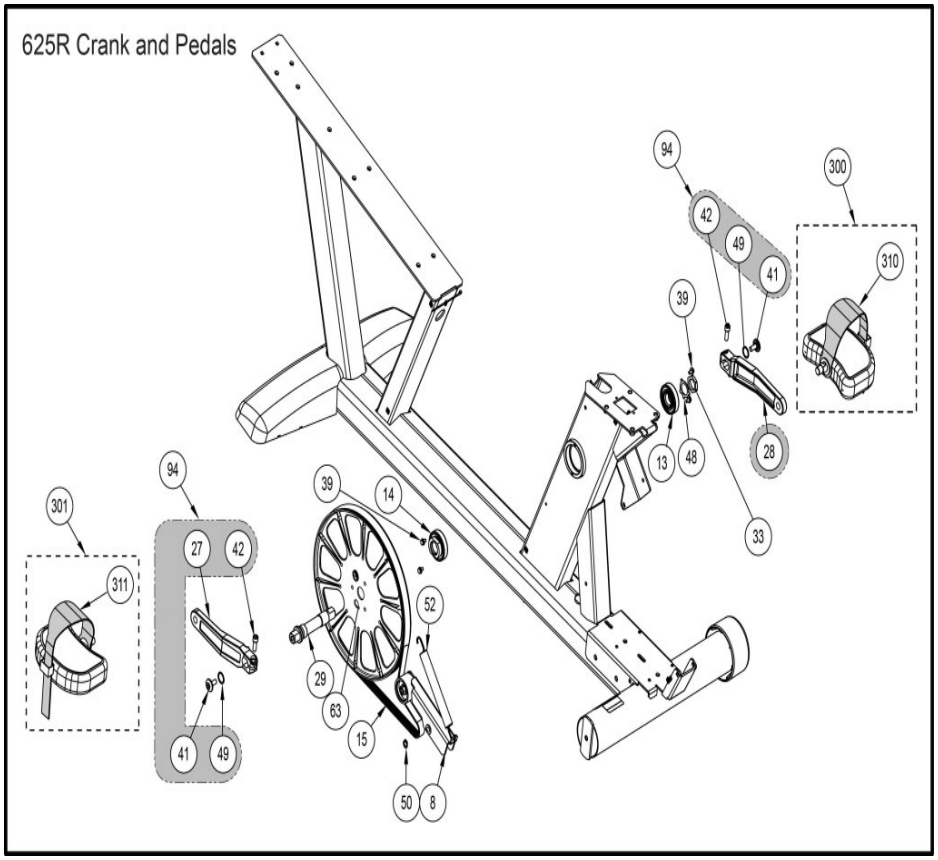
Ref #	Part Number	Qty	Description
A51	TR-25809	1	Power Supply
A52	770A-385	1	DECAL, UPPER DISPLAY, PEM, ARC
A53	CN-24913	1	ADAPTER,PLUG,IEC 60320 C14PLUG
A60	770A-355	1	CABLE, 770ACR, TO PEM AV
A61	770A-357	1	CABLE, HEADPHONE JACK JUMPER, ARC
A62	770A-356	1	CABLE, 770ACR, MMC TO PEM AV
A63	AW-23760	1	CABLE,RG59 COAX,625CR 770CR
A64	AW-23818	1	CABLE,CONSOLE POWER,770R
A65	AW-23836	1	CABLE,6' COAX F-TYPE M-M
82	HS-18311	4	SCREW,8-16X.75,PNHD PHIL,STL,B
85	HS-41187	1	SCREW SLFTP,8-16X.3125,PLASTITE
A90	625A-335	1	REMOTE, EPEM, PDI
A91	PKCP-22564	1	R&R NC KIT,e3 Replacement ATSC
A91	PKRA-22564	1	NC KIT,E3 REFURBISHED ATSC (use PKCP-22564)
A92	PKRA-22565	1	NC KIT,E3 REFURBISHED DVBT
A92	PKCP-22565	1	KIT,e3 Replacement DVBT
93	EH-00986	3	TY WRAP,T B TYB-25M 9 in
A93	PKCP-25810	1	KIT,E3 Replacement DVBT2
A93	CP-25454	1	PEM,OPEN FRAME,DVBT2
95	HS-14391	4	SCREW SEMS,6-32X.38 PNHD PHIL
319	HX-17788	1	TAPE,DBL SIDED, .032THK
360	AW-23466	1	CABLE,EPEM PDI IR RECEIVER
504	770A-381	1	DECAL , HEADPHONE JACK ONLY

625R_Covers



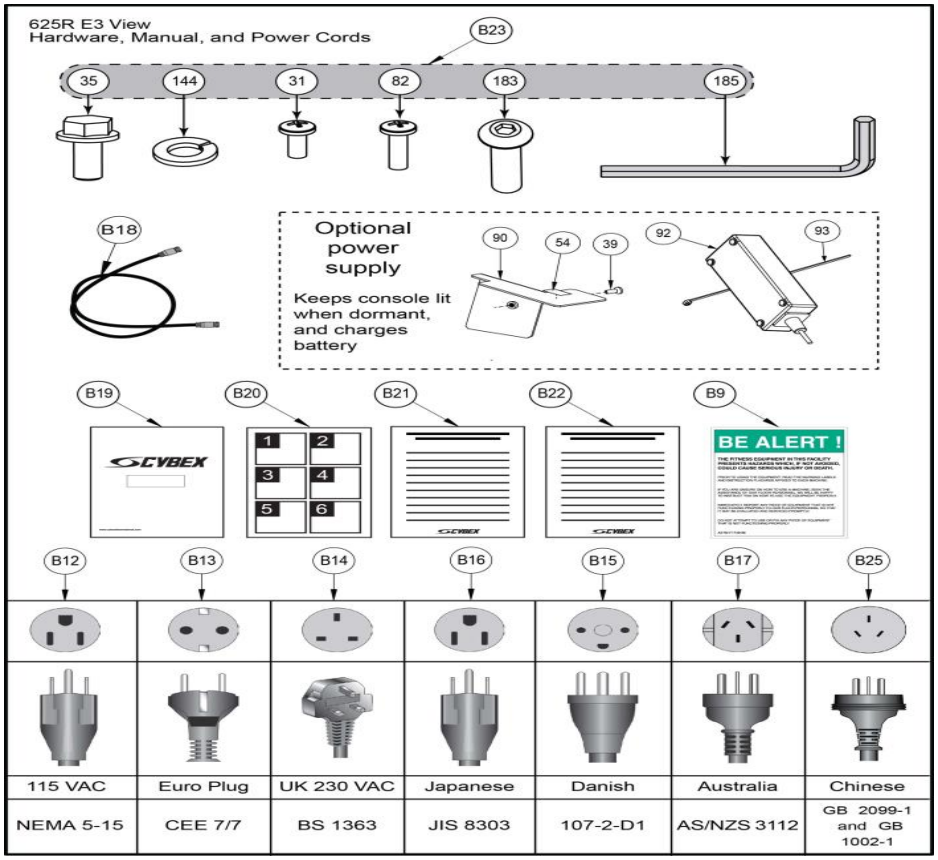
Ref #	Part Number	Qty	Description
31	HS-15706	6	SCREW,8-16X.50,PNHD,STL,BLK ZN CLR,TYP WB
53	HX-21519	4	PIN,PLASTIC RETAINIER
56	PL-21486	1	SHROUD,SHUTTLE SUPPORT,LEFT
57	PL-21487	1	SHROUD,SHUTTLE SUPPORT,RIGHT
58	PL-21515	1	SHROUD,FRONT LEFT,750R
59	PL-21516	1	SHROUD,FRONT RIGHT,750R
60	PL-21517	1	CAP,TOP LEFT,750R
61	AX-21855	1	ASSY,CAP,TOP RIGHT,750R
82	HS-18311	3	SCREW,8-16X.75,PNHD PHIL,STL,B

625R_Crank_and_pedals



Ref #	Part Number	Qty	Description
8	AX-21327	1	ASSY,IDLER ARM,750C 750R
13	AX-62023	1	ASSY,LEFT CRANK BEARING
14	AX-62031	1	ASSY,RIGHT CRANK BEARING
15	BD-21366	1	BELT,POLY-V,480J8(1222 PJ8)
27	FM-19470	1	CRANK,530C R,750C R,RIGHT ARM
28	FM-19471	1	CRANK,530C R,750C R,LEFT ARM
29	FM-19472	1	SHAFT,530C R,750C R,CRANK
33	HN-41157	1	NUT,7-8-24,LH,86A,ZN
39	HS-18294	4	SCREW,SEMS,10-32X.38,SLOT HXHD
41	HS-19467	2	BOLT,M8X1X20,SCHD BTN,BRIGHT C
42	HS-19468	2	BOLT,M8X1X22,SCHD CAP,BRIGHT C
48	HW-18176	1	WASHER,CRANK KEY
49	HW-19469	2	WSHR,FLAT 17.2 X 21.5 X .75,ST
50	HX-19529	1	GRIP RING RETAINING 3/8 in 555
52	HX-21374	1	SPRING,EXTENSION,.75 X .093 X
63	PW-20877	1	PULLEY,PRIMARY,ALUM.
94	AX-17959	1	CRANK ASSY,530C,R
300	AX-21382	1	PEDAL 9/16in THREAD LEFT
301	AX-21383	1	PEDAL 9/16in THREAD RIGHT
310	KHX-23401	1	PEDAL STRAP LEFT,750C 750R
311	KHX-23402	1	PEDAL STRAP RIGHT,750C 750R

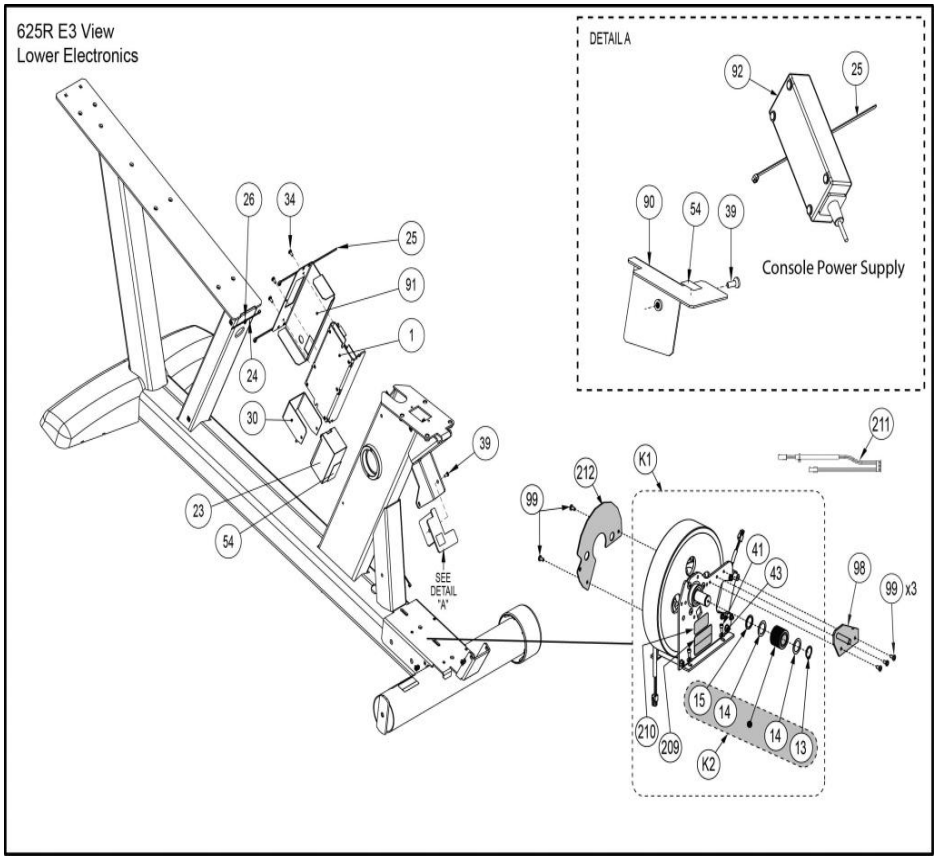
625R_E3_hardware_manual_and_power_cords



Ref #	Part Number	Qty	Description
B9	LT-03051	1	SIGN FACILITY SAFETY
B12	AW-14007	1	POWER CORD,115V,60HZ PWR SUPPLY IEC320 (SJT)
B13	WR-14012	1	POWER CORD,230V,10A,CEE 7-7,2M PN: 199-000
B14	AW-20193	1	POWER CORD,250VAC 10A,2.5M IEC
B15	AW-22229	1	POWER CORD,10A,250V IEC 60320
B16	AW-20192	1	POWER CORD,100V,50HZ,2.5M IEC-
B17	AW-24058	1	POWERCORD,250V 10A AUS/NZ
B18	AW-23836	1	CABLE,6' COAX F-TYPE M-M
B19	LT-23688	1	Owner Manual 625CR
B20	LT-23691	1	
B21	LT-23692-4	1	
B22	LT-23693-4	1	
B23	AX-21699	1	KIT,INSTALL HARDWARE,750R
B25	AW-25665	1	POWER CORD,10A/250V,2.5m,CHINE
31	HS-15706	1	SCREW,8-16X.50,PNHD,STL,BLK ZN CLR,TYP WB
35	HS-19108	1	SCREW 5-16-18X3-4LG,HXHD,WHIZ-
39	HS-18294	1	SCREW,SEMS,10-32X.38,SLOT HXHD
54	HX-21603	1	TAPE, DBL SIDED, 1 X 2 X .032
82	HS-18311	1	SCREW,8-16X.75,PNHD PHIL,STL,B
90	AF-24241	1	BRKT,PWR SUPPLY,RECUMB BIKE,EP
92	TR-22382	1	Power supply
93	EH-00986	1	TY WRAP,T B TYB-25M 9 in

Ref #	Part Number	Qty	Description
144	HW-53018	1	WASHER 5-16 SPLIT SS,BLK
183	HS-41107	1	BOLT,5-16-18X1.5,BTHD,SST,BLK
185	HX-00438	1	HEX KEY 3-16IN.

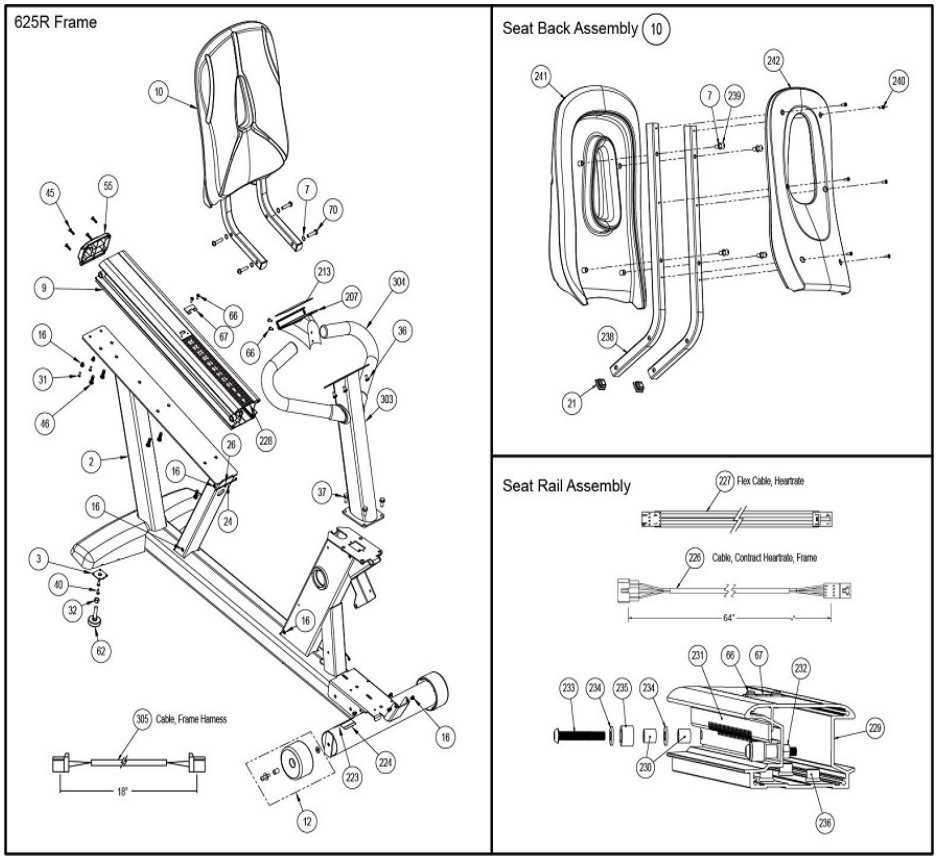
625R_E3_Lower_electronics_After_K0223



Ref #	Part Number	Qty	Description
1	AD-24929	1	ASSY,LOWER CNTRL,2AMP,525CR 625CR 770CR
K1	KAX-25509-4	1	KIT,BRAKE-GENERATOR ASSY,525 6
K2	PKAX-25510	1	PROD KIT,CLUTCH PULLEY REPLACE
13	HX-24297	1	RETAINING RING 5100-78,20MM
14	HW-24299	2	WSHR,SHAFT,.812X1.125X.031 PTF
15	HW-24298	1	WSHR,SHAFT,20X25.4X1.9
23	EC-21351	1	BATTERY,12V/1.2AHR,750C 750R
24	EH-00472	1	CABLE TIE,3.9IN MINATURE CROSS
25	EH-00986	1	TY WRAP,T B TYB-25M 9 in
26	EH-10291	1	TY WRAP BASE
30	FS-21511	1	CLAMP,BATTERY,750R
34	HS-11977	3	SCREW SEMS,8-32X.38,PNHD PHIL,EXT,STL,BLK ZN
39	HS-18294	1	SCREW,SEMS,10-32X.38,SLOT HXHD
43	HS-21612	2	SCREW,10-32X7-16,SCHD CAP,SS
47	HW-00123	1	WSHR SAE NO.10 STL ZINC
54	HX-21603	1	TAPE, DBL SIDED, 1 X 2 X .032
90	AF-24241	1	BRKT,PWR SUPPLY,RECUMB BIKE,EP
91	FS-21599	1	COVER,LOWER CONTROLLER,750C 75
92	TR-25809	1	Power Supply
98	AF-21326	1	WELDMENT,IDLER ARM SUPPORT,525
99	HS-21443	5	SCREW, 10-24 X 3/8 PNHD PHIL,T
209	DE-18362	1	Decal Caution Moving Prts

Ref #	Part Number	Qty	Description
210	DE-18363	1	Label,Warning Hot Flywhl
211	AW-23974	1	CABLE,625R 770R BRK GEN JUMPER
212	FS-21666	1	SHIELD,BRAKE,525CR 625CR 770CR

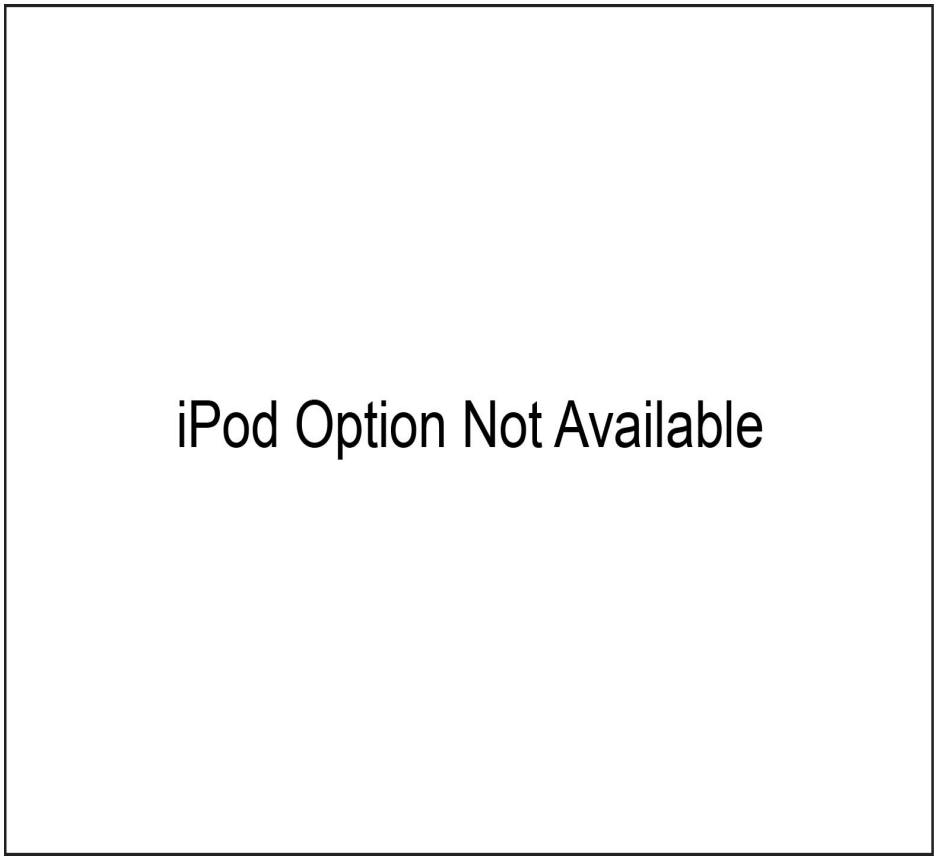
625R_Frame



Ref #	Part Number	Qty	Description
2	AF-21040	1	WELDMENT,FRAME,750R 525R 625R Custom
3	AF-21506	1	WELDMENT,LEVELER WELDNUT,750C
7	HW-53018	4	WASHER 5-16 SPLIT SS,BLK
9	AX-21387	1	ASSY,SEAT SHUTTLE EXTRUSION
10	AX-21670	1	ASSY,SEAT BACK,750R
12	AX-21732	2	ASSY,WHEEL,750C 750R
16	HX-20360	2	INSERT,EXPANSION,PLASTIC,#8-#1
21	CA-40052	4	CAP PLASTIC 1 X 1 10-14 GA.
24	EH-00472	1	CABLE TIE,3.9IN MINATURE CROSS
26	EH-10291	1	TY WRAP BASE
31	HS-15706	2	SCREW,8-16X.50,PNHD,STL,BLK ZN CLR,TYP WB
32	HN-00199	1	NUT 3-8-16 HEX STL ZINC
36	HS-16875	4	BOLT SEMS,1-4-20X.5,PNHD PHIL,
37	HS-19108	1	SCREW 5-16-18X3-4LG,HXHD,WHIZ-
40	HS-18497	1	SCREW,10-32X .50,PNHD PHIL,BLK
45	HS-41109	4	SCREW SLFTP,10-24X.75,PNHD,SST
46	HS-41126	2	BOLT,5-16X1.0,BTHD,SST,BLK
55	PL-18132G	1	END CAP,SEAT SHUTTLE,GRAY
62	HX-22203	1	LEVELER,3/8-16 X 1 1/2 STUD W/
66	HS-41006	4	SCREW SLFTP,10-24X.5,PNHD PHIL,410SS,HRDBO,WAX,TT
67	PL-50118	1	CLAMP,CABLE CT

Ref #	Part Number	Qty	Description
70	HS-41107	4	BOLT,5-16-18X1.5,BTHD,SST,BLK
207	PL-21634	1	TRAY,IPOD HOLDER,750R 750A (order with DE-21590)
213	DE-23740	1	Decal iPod Holder Recmb
223	DE-21749	1	Decal, Disconnect PWR
224	DE-21763	1	*DECAL,ETL CSA,MEDWAY,750C 750
227	AW-18035	1	CABLE,CHR FLAT FLEX,530R
228	DE-21388	1	DECAL,EXTRUSION,750R
229	FM-21389	1	EXTRUSION,SEAT SHUTTLE,750R
230	FM-51215	4	SPACER BOTTOM ROLLER SIDE Y-06
231	FS-18124	1	BRKT,SEAT ADJUST RACK
232	HN-11136	1	KEPS 5/16-18 HEX STL ZINC
233	HS-41048	2	BOLT,5-16-18X2,BTHD CAP,BLK OX
234	HW-43042	4	WSHR,HDS-8 5-16 (8MM) BELLEVIL
235	HX-05082	1	BUMPER SEAT LIMIT BMR R-035
236	HX-18145	1	INSERT,SPINTIGHT,5-16-18
238	FT-21660	2	TUBE,SEATBACK,750R
239	HS-11350	4	BOLT,5-16-18X1.0,SCHD BTN,BLK
240	HS-21672	6	SCREW 8-32-1/2in TT TRILOBULAR
241	PD-21653	1	SEAT BACK,750R
242	PL-21654	1	SEAT BACK COVER,750R
303	AX-21740	1	ASSY,CONSOLE WELDMENT,750R
304	HX-21329	1	GRIP,HANDRAIL,750R
305	AW-21346	1	CABLE,FRAME HARNESS,750R

625 iPod option (After L0801)



Ref #	Part Number	Qty	Description
1	Z-02	1	

626_771 Asset Management Kit

Ref #	Part Number	Qty	Description
K1	KU-25238	1	UPGRADE KIT,AWM,IMP, 525 625 7
1	OAD-25138V	1	PCA, ELECT IMP AWN SLDR MOD, EU
1	OAD-25136V	1	PCA, ELECT IMP AWN SLDR MOD, US
2	OHX-25109	2	TAPE, DBL SIDED, VHB, 1.0X.25X.120THK
K2	KU-25239	1	UPGRADE KIT,AWM,IMP, 525 625 7
3	770A-411	1	CABLE, CATSE, 18